

Nature's Plus
The Energy Supplements®

GLUTEN
Free

Source of Life®
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES • EASY TO SWALLOW
Mini-Tabs No Iron



Vegetarian • Hypo-Allergenic • 90 Tablets

Supplement Facts

Serving Size 6 Tablets

Servings Per Container 15

Amount Per Serving	%DV	Amount Per Serving	
Calories	20	Spirulina	1000 mg†
Total Carbohydrate	3 g	Bee Pollen (Spanish)	100 mg†
Dietary Fiber	1 g	Sunflower Oil (supplying linoleic acid . . .	70 mg†
Protein	1 g	[54.1 mg], oleic acid [9.3 mg], palmitic	
Vitamin A (as beta carotene)	10,000 IU	acid [4.4 mg], stearic acid [2.2 mg])	
Vitamin C (as ascorbic acid)	1000 mg	Bioflavonoids (from <i>Citrus limon</i> exocarp)	60 mg†
Vitamin D3 (as cholecalciferol)	1000 IU	(active flavonols, flavonones, flavones	
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	& naringin [26 mg])	
Vitamin K2 (as menaquinone-4,	80 mcg	Black Currant Seed Oil	50 mg†
menaquinone-7)		Ginseng Root (Korean)	50 mg†
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	Bromelain (from pineapple fruit)	40 mg†
Riboflavin (vitamin B2)	25 mg	(24 gelatin digesting units)	
Niacin (as niacinamide)	40 mg	Choline (as bitartrate)	30 mg†
Vitamin B6 (as pyridoxine HCl)	25 mg	Inositol	30 mg†
Folate (as folic acid)	400 mcg	Quercetin (from <i>Sophora japonica</i>	30 mg†
Vitamin B12 (as cyanocobalamin)	1000 mcg	& <i>Dimorphandra mollis</i>)	
Biotin	100 mcg	Papain (from papaya fruit)	30 mg†
Pantothenic Acid	60 mg	Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
(as calcium pantothenate)		Betaine HCl	25 mg†
Calcium (as aminoate complex)	200 mg	RNA (ribonucleic acid)	21 mg†
Iodine (from kelp)	150 mcg	Apple Pectin	20 mg†
Magnesium (as aminoate complex)	100 mg	PABA (para-aminobenzoic acid)	15 mg†
Zinc (as aminoate complex, picolinate)	15 mg	Hesperidin (from <i>Citrus limon</i> exocarp) . . .	10 mg†
Selenium (as aminoate complex)	25 mcg	Chlorophyll (from spirulina)	7.5 mg†
Copper (as aminoate complex)	0.5 mg	DNA (deoxyribonucleic acid)	6 mg†
Manganese (as aminoate complex)	4 mg	Amylase (from brown rice fermentation) . .	5 mg†
Chromium (as aminoate complex)	20 mcg	Lipase (from brown rice fermentation) . . .	5 mg†
Molybdenum (as aminoate complex)	37.5 mcg	Carotenoids	4 mg†
Potassium (as aminoate complex)	50 mg	Eriocitrin (from <i>Citrus limon</i> exocarp) . . .	3 mg†
		Octacosanol	200 mcg†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, six tablets once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com

PRODUCT NO. 30587



LBL 1133966