



30% Increase in Muscle Strength*
The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.*

**30% INCREASE IN MUSCLE STRENGTH
COMPARED TO PLACEBO***



*An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.

STACK WITH: PRO PERFORMANCE® AMP
Amplified Strength, Amplified Push and Amplified Recover PM.

*In an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training + active or carbohydrate placebo to 2 sets resistance training alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

*Per 3 scoop serving.

*Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

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Aminogen® & Carbogen® are registered trademarks of Triarco Industries.
CareCalase® is a registered trademark of National Enzyme Company.
Enzyme Matrix™ is a GNC Trademark.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**KEEP OUT OF REACH
OF CHILDREN.**
Store in a cool, dry place.
For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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Products bearing this logo have been tested for banned substances by HFL Sport Science, a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2014 World Anti-Doping Agency (WADA) Prohibited List via HFL skip lot testing protocol #ICP0307. See gnc.com for more information.



AMPLIFIED WHEYBOLIC EXTREME 60™ POWER

**7 PRODUCTS
IN ONE**

- Clinically Proven Ingredients Deliver More Size & Anabolic Power + 30% Increase in Muscle Strength^{1,2,*}
- 60g Whey Protein Isolate & Hydrolysate Formula + 18g BCAA for Improved Muscle Recovery & Growth^{3,4*}
- Features 600mg Testofen® Fenugreek to Support Testosterone Levels + 3g Creatine Blend to Boost Anabolic Factors in the Body^{5,6*}



CLINICALLY RESEARCHED

STRAWBERRY

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 46.5 oz (2.90 lb) 1320 g

CODE 386370

LOG

DIRECTIONS: Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power in 6, 8 or 12 fl oz of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre and post-workout.

Daily Dose†	Protein	Power Complex	Benefit
1 scoop 30 minutes post-workout or in the morning	20 g	7.10 g	Helps meet protein needs & fuels metabolism*
2 scoops 30 minutes post-workout or in the morning	40 g	14.20 g	Fuels muscles, metabolism, supports recovery & muscle protein synthesis*
3 scoops 30 minutes post-workout or in the morning	60 g	21.3 g	Increase muscle size, anabolic factors, and power & strength by 30%**

Supplement Facts

Serving Size	1 Scoop (29.3 g)	2 Scoops (58.6 g)	3 Scoops (88 g)
Servings Per Container	45	22	15
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	100	200	300
Calories from Fat	5	15	20
Total Fat	0.5 g 1%†	1.5 g 3%†	2 g 3%†
Saturated Fat	<0.5 g 2%†	0.5 g 3%†	1 g 3%†
Cholesterol	10 mg 3%	20 mg 7%	30 mg 10%
Total Carbohydrate	4 g 1%†	7 g 2%†	11 g 4%†
Sugars	1 g *	3 g *	4 g *
Protein	20 g	40 g	60 g
Calcium	220 mg 22%	430 mg 43%	650 mg 65%
Sodium	90 mg 4%	170 mg 7%	260 mg 11%
Potassium	120 mg 3%	240 mg 7%	360 mg 10%
Power Complex			
Leucine (as Whey Protein Isolate, L-Leucine, Hydrolyzed Whey Protein)	3.33 g *	6.66 g *	10 g *
Isoleucine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	1.33 g *	2.66 g *	4 g *
Valine (as Whey Protein Isolate, Hydrolyzed Whey Protein, L-Valine)	1.33 g *	2.66 g *	4 g *
Creatine (as Creatine Monohydrate, Creatine HCl)	1 g *	2 g *	3 g *
Testofen® Fenugreek Extract (Tigoriella foenum-graecum)(standardized for Fenuside)	200 mg	400 mg	600 mg
Amino Acid Blend			
Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	3.43 g *	6.86 g *	10.3 g *
Arginine (as Whey Protein Isolate, Hydrolyzed Whey Protein)	366 mg *	733 mg *	1.1 g *
Amino Acceleration System			
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CareCalase®, Peptidase, Alpha-galactosidase, Glucanase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, Lactase, Aminogen®, Carbogen®)	79 mg *	158 mg *	239 mg *

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Dicalcium Phosphate, Lecithin, Nonfat Dry Milk Powder, Citric Acid, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Malic Acid, Sucralose, Beet Powder, Salt, Acesulfame Potassium, Tartaric Acid.

CONTAINS: Milk and Soybeans.

WARNING: For adult use only. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product setting may occur.

TYPICAL AMINO ACID PROFILE PER SERVING			
Alanine	2913 mg	Lysine	5194 mg
Arginine	1223 mg	Methionine	1218 mg
Aspartate	6450 mg	Phenylalanine	1799 mg
Cystine	1440 mg	Proline	4023 mg
Glutamine & Glutamic Acid	10310 mg	Serine	2809 mg
Glycine	982 mg	Threonine	4179 mg
Histidine	1095 mg	Tryptophan	1020 mg
Isoleucine†	4007 mg	Tyrosine	1747 mg
Leucine**	10068 mg	Valine**	4003 mg
Total		64500 mg	

† Indicates Branched Chain Amino Acids (BCAA).
* Denotes naturally occurring and added free form amino acids.

What is Amplified Wheybolic Extreme 60™ Power?
GNC's most advanced protein, Amplified Wheybolic Extreme 60™ has evolved even further to help meet your specific training goals and develop more strength and power. This product is the only whey protein isolate to combine the whey and leucine clinically shown to fuel increased strength and size with additional ingredients proven to amplify power and anabolism. This formula features a protein blend that has been validated in clinical studies to give you a 30% increase in strength†, increased muscle size and a 100% improvement in exercise efficiency.** Our GNC scientists have AMPed up the protein with a Power Complex featuring an mTOR-stimulating BCAA blend for protein synthesis and added creatine to increase anabolic muscle growth†, making this product a combination of 7 products in 1!

Amplified Wheybolic Extreme 60™ Power – Break Plateaus, Build Power

This breakthrough formula takes protein functionality and performance to new levels so you can break through plateaus and achieve a new level of muscular power.*

Power Complex
In addition to 10 grams of leucine, this formula is stacked with 4 grams of glutamine and valine to stimulate mTOR activation and give you a powerful boost of all three BCAA to fuel your workouts and enhance your recovery.† This product has upped the ante and added a 3 gram creatine blend to boost anabolic factors in the body, increase athletic performance and fuel strength† + 600mg of Testofen® Fenugreek to help support testosterone levels in the body.**

Highly Effective Whey-Leucine Base
The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein, isolates and hydrolysates, including 10 grams of leucine to create an ideal environment for muscle protein synthesis.† This potent blend delivers arginine, which is involved in creatine synthesis, and over 10 grams of glutamine to provide anabolic effects.* In fact, the whey and leucine blend in this product has been shown to increase muscle strength and stamina with half the sets.**

Powerful Amino Acid System
This product is loaded with arginine and glutamine, two key amino acids necessary for muscle building and recovery.* Over 10 grams of glutamine helps to combat catabolism and support muscle function, while arginine helps to support blood vessel tone and blood flow, and is involved in the production of creatine.**

Digestive Enzyme Blend for 12% Greater Protein Breakdown

This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.* This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake.**

Nitro-Factor™ – Maximizing Muscle Building*

The full muscle-building potential of a GNC product is based on its total nitrogen content – so the more nitrogen a product has, the stronger it will perform. Nitrogen needs increase during training, and if nitrogen levels are low, your body pulls from muscle stores which can result in catabolism, poor performance and longer recovery. Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power with a Nitro-Factor™ of 71 grams helps fuel performance and anabolism.**

Who can benefit from taking Amplified Wheybolic Extreme 60™ Power?

Whether you're a serious athlete, weekend warrior or training for a competition, you can benefit from this powerful formula. Now you can customize your dosing to meet your specific training goals and nutrient needs. Boost power and anabolism while improving muscle strength, stamina, size and recovery!†

When Should I Take It?

Once per day, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving pre and post-workout.

Amplified Wheybolic Extreme 60™ Power Features 7 Products in 1!

1. Whey Protein Isolate
2. Amino Acid Complex
3. BCAA Complex
4. Leucine
5. Creatine
6. Fenugreek
7. Digestive Enzymes