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AMPLIFIED WHEYBOLIC

- Clinically Proven Ingredients Deliver More Size & Anabolic Power + 30% Increase in Muscle Strength ...
- 60g Whey Protein Isolate & Hydrolysate Formula + 18g BCAA for Improved Muscle Recovery & Growth***
- Features 600mg Testolen® Featureek to Support Testosterone Levels + 3g Creatine Blend to Boost Anabolic Factors in the Body*1*



CURCLELLY RESEARCHED



CHILAY SUPPLEMENT Net We talk be (LM to 525 p

DIRECTIONS: Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power in 6, 8 or 12 fl oz of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre and post-workout.

| Daily Dose | Protein | Power Complex | Benefit |
|-------------------------------------------------------|---------|---------------|-----------------------------------------------------------------------------|
| 1 scoop 30 minutes post-workout or in the morning | 20 g | 7.19 g | Helps meet protein needs & fuels metabolism* |
| 2 scoops 30 minutes post-workout or in the morning | 40 g | 14.38 g | Fuels muscles, metabolism, supports recovery & muscle protein synthesis* |
| 3 scoops 30 minutes post-workout or in the morning | 60 g | 21.6 g | Increase muscle size, anabolic factors, and power & strength by 30% |

Supplement Facts

| Serving Size Servings Per Container | 1 Scoop (2 | 9.3 g) 18 | 2 Scoops | s (58 g) 9 | 3 Scoop | s (88 g) 6 |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------|----------|---------------|---------|---------------|
| Amount Per Serving | % Daily | Value | % Daily | Value | % Daily | y Value |
| Calories | 100 | | 200 | | 300 | |
| Calories from Fat | 5 | | 15 | | 20 | |
| Total Fat | 0.5 g | 1%† | 1.5 g | 2%† | 2 g | 3%† |
| Saturated Fat | <0.5 g | 2%† | 0.5 g | 3%† | 1 g | 5%† |
| Cholesterol | 10 mg | 3% | 20 mg | 7% | 30 mg | 10% |
| Total Carbohydrate | 4 g | 1%† | 7 g | 2%† | 11 g | 4%† |
| Sugars | 1 g | | 3 g | | 4 g | |
| Protein | 20 g | | 40 g | | 60 g | |
| Calcium | 220 mg | 22% | 430 mg | 43% | 650 mg | 65% |
| Sodium | 90 mg | 4% | 170 mg | 7% | 260 mg | 11% |
| Potassium | 120 mg | 3% | 240 mg | 7% | 360 mg | 10% |
| Power Complex | | | | | | |
| Leucine (as Whey Protein Isolate, L-Leucine, Hydrolyzed | 3.33 g Whey Protei | n) | 6.66 g | • | 10 g | |
| Isoleucine (as Whey Protein Isolate, Hydrolyzed Whey Prote | 1.33 g sin) | * | 2.66 g | * | 4 g | |
| Valine (as Whey Protein Isolate, Hydrolyzed Whey Protein | 1.33 g in, L-Valine) | | 2.66 g | • | 4 g | • |
| Creatine (as Creatine Monohydrate, Creatine HCI) | 1 g | * | 2 g | - | 3 g | |
| Testofen® Fenugreek Extract (Trigonella foenum-graecum)(seed)(standardizer | 200 mg d for Fenusio | ie) | 400 mg | • | 600 mg | |
| Amino Acid Blend | | | | | | |
| Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Prot | 3.43 g ein) | * | 6.86 g | * | 10.3 g | • |
| Arginine (as Whey Protein Isolate, Hydrolyzed Whey Prot | 366 mg ein) | • | 733 mg | | 1.1 g | |
| Amino Acceleration System | | | | | | |
| Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereCalas Alpha-galactosidase, Glucoamylase, Bromelain, Lipase, Protease AM, Invertase, Lactase), Amino | Protease 3. | 0, | 158 mg | • | 239 mg | • |
| t Descrit Delle Velese are based as a 2 000 selec | | | | | | |

Percent Daily Values are based on a 2,000 calorie diet

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Dicalcium Phosphate, Lecithin, Nonfat Dry Milk Powder, Citric Acid, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Malic Acid, Sucralose, Beet Powder, Salt, Acesulfame Potassium, Tartaric Acid.

CONTAINS: Milk and Soybeans

WARNING: For adult use only. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

¹²An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.

"In an eight-week randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training + active or carbohydrate placebo to 2 sets resistance training alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

* When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

"Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied. Testofen® is a trademark of Gencor Nutrients Inc.

Aminogen® & Carbogen® are registered trademarks of Triarco Industries.

CereCalase® is a registered trademark of National Enzyme Company. Enzyme Matrix™ is a GNC Trademark.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place

For More Information:

1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222













| ICAL AMINO ACID PROFILE PER SERVING | | | | | | | | |
|-------------------------------------|----------|---------------|---------|--|--|--|--|--|
| nine | 2913 mg | Lysine | 5194 mg | | | | | |
| inine | 1223 mg | Methionine | 1218 mg | | | | | |
| artate | 6450 mg | Phenylalanine | 1799 mg | | | | | |
| tine | 1440 mg | Proline | 4023 mg | | | | | |
| amine & Glutamic Acid | 10310 mg | Serine | 2809 mg | | | | | |
| ine | 982 mg | Threonine | 4179 mg | | | | | |
| idine | 1095 mg | Tryptophan | 1020 mg | | | | | |
| eucine† | 4007 mg | Tyrosine | 1747 mg | | | | | |
| cine†* | 10088 mg | Valine†* | 4003 mg | | | | | |

† Indicates Branched Chain Amino Acids (BCAA).

Denotes naturally occurring and added free form amino acids.

GNC's most advanced protein, Amplified

Wheybolic Extreme 60™, has evolved even further to help meet your specific training goals and develop more strength and power. goals and develop more strength and power. This product is the only whey protein isolate to combine the whey and leucine clinically shown to fuel increased strength and size with additional ingredients proven to amplify power and anabolism. This formula features a protein blend that has been validated in clinical studies to give you a 30% increase in strength[□], increased muscle size and a 100% improvement in exercise efficiency.** Our GNC scientists have AMPed up the protein with a Power Complex featuring an mTOR-stimulating BCAA blend for protein synthesis and added creatine to increase anabolic muscle growth,* making this product a combination of 7 products in 1!*

This breakthrough formula takes protein functionality and performance to new levels so you can break through plateaus and achieve a new level of muscular power.*

Power Complex In addition to 10 grams of leucine, this formula is stacked with 4 grams of both isoleucine and valine to stimulate mTOR activation and give you a powerful boost of all three BCAA to fuel your workouts and enhance your recovery. This product has upped the ante and added a 3 gram creatine blend to boost anabolic factors in the body, increase athletic performance and fuel strength* + 600mg of Testofen® Fenugreek to help support testosterone levels in the

Highly Effective Whey-Leucine Base

The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein, isolates and hydrolysates, including 10 grams of leucine to create an ideal environment for muscle protein synthesis.‡ This potent blend delivers arginine, which is involved in creatine synthesis, and over 10 grams of glutamine to provide anabolic effects.‡ In fact, the whey and leucine blend in this product has been shown to increase muscle strength and stamina with half the

Powerful Amino Acid System This product is loaded with arginine and

glutamine, two key amino acids necessary for muscle building and recovery.* Over 10 grams of glutamine helps to combat catabolism and support muscle function, while arginine helps to support blood vessel tone and blood flow, and is involved in the production of creatine.

Digestive Enzyme Blend for 12% Greater Protein Breakdown This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.* This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake.°*

The full muscle-building potential of a GNC product is based on its total nitrogen content

- so the more nitrogen a product has, the stronger it will perform. Nitrogen needs increase during training, and if nitrogen levels are low, your body pulls from muscle stores which can result in catabolism, poor performance and longer recovery. Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power with a Nitro-Factor™ of 71 grams helps fuel performance and anabolism.*

Whether you're a serious athlete, weekend warrior or training for a competition, you can benefit from this powerful formula. Now you can customize your dosing to meet your specific training goals and nutrient needs. Boost power and anabolism while improving muscle strength, stamina, size and

Once per day, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving pre and post-workout.

1. Whey Protein Isolate 2. Amino Acid Complex

3. BCAA Complex

4. Leucine

5. Creatine

6. Fenugreek

7. Digestive Enzymes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STACK WITH: PRO PERFORMANCE® AMP Amplified Strength, Amplified Push and Amplified Recover PM.