











GNC's most advanced creatine formula, Amplified Creatine XXX™ has evolved even further with the launch of Amplified Creatine XXX'" Power, the line's first and only creatine formulated to help give you enhanced performance and strength.* This unique formula features an unstoppable blend of 4 key forms of creatine designed to provide an instant release of creatine and using the GNC exclusive Optimal Timing Technology (OT2"), a form that releases over 6 hours.

This breakthrough formula was created with the ultimate goal of enhancing athletic performance by combining powerful doses of clinically proven ingredients to provide the strength and power benefits of an advanced creatine blend.* Loaded with 4 unique creatine sources, including OT2" creatine, creatine HCL, creatine ethyl ester and creatine citrate, this powerful formula helps increase strength and build lean muscle.* The OT2 allows for a 6-hour extended release of creatine to feed your muscles before. during and after your toughest workouts to maximize your results.* To take you even further it's also packed with creating precursors.

Combines agmatine with betaine anhydrous for added power and performance plus beta alanine to help buffer muscle carnosine levels, a key marker of muscle fatique.* Features choline and CoQ-10. Choline is essential for making acetylcholine, a messenger chemical that is important in sending messages from one nerve cell to another. CoQ-10 is important for mitochondria function and is involved in the process that produces cellular energy and boosts ATP.*

Amplified Creatine XXX™ Power has re-engineered the use for creatine supplements. If your goal is to increase strength and power this formula is for you. You can customize your dosing and supplementation regimen to meet your specific training goals and nutrition needs.

CLINICALLY RESEARCHED

ORANGE TWIST NATURAL + ARTIFICIAL FLAVORS

DIFTARY SUPPLEMENT Net Wt 16.63 oz (1.04 lb) 471.52 g

- Build Power & Performance with 5g Multi-Phase Creatine Complex for Extreme Workouts**
- Enhance Power with 2.5g Betaine & Combat a Key Muscle Fatigue Factor with 1g Beta-Alanine†*



CODE 370077 DIRECTIONS: As a dietary supplement, mix 1 scoop (8.42 g) with 4-5 fl. oz. of water or your favorite beverage, pre, during or post-workout. For maximum

| S la | nont E | | | _ | Amount Per Serving | % Daily Value | | % Daily Valu | |
|--|------------------------|---------------|--------------------------|-----------------------------|--|---------------|-----|--------------|--|
| Supplen | | | | | (as Creatine Ethyl Ester) | 260 mg | | 520 mg | |
| Serving Size Servings Per Container | 1 Scoop (8.42 g) 56 | | 2 Scoops (16.84 g) 28 | | (as Creatine Citrate) | 230 mg | | 460 mg | |
| | | % Daily Value | | Creatine Precursor Compound | | | | | |
| Amount Per Serving | | | | | Alpha-Ketoglutarate | 125 mg | | 250 mg | |
| Calories | 15 | | 30 | | Guanidinoacetate | 125 mg | | 250 mg | |
| Calories from Fat | 0 | | 5 | | Glycine | 125 mg | | 250 mg | |
| Total Fat | | | 0.5 g | 1% | L-Methionine | 125 mg | | 250 mg | |
| Saturated Fat | | | 0.5 g | 3% | Fenugreek Seed Extract | 50 mg | | 100 mg | |
| Yotal Carbohydrates | 3 g | 1% | 6.9 | 2% | (Trigonella foenum-graecum) | | | | |
| Niacin (as Macinamide) | 7.5 mg | 38% | 15 mg | 75% | Power Complex | | | | |
| Vitamin B-12 (as Cyanocobalamin) | 0.75 mog | 13% | 1.5 mcg | 25% | Betaine | 1250 mg | | 2500 mg | |
| Calcium (as Calcium Carbonate) | 65 mg | 7% | 130 mg | 13% | (as BETAPOWER® Betaine Anhydrous) | | | | |
| Sodium | | | 5 mg | <1% | Beta-Alanine (as CarnoSyn®) | 500 mg | | 1000 mg | |
| Potassium | 5 mg | 0% | 10 mg | 0% | Agmatine Sulfate | 125 mg | | 250 mg | |
| | | | | | Choline (as Choline Bitartrate) | 125 mg | -:- | 250 mg | |
| Advanced Creatine Complex, Total | 2.5 g | | 5 g | | CeQ-10 | 5 mg | | 10 mg | |
| (as OT2" Creatine Monohydrate) | 1.51 g | | 3.02 g | | | | | | |
| (as Creatine Hydrochloride) | 500 mg | | 1000 mg | | † Percent Daily Values are based on a 2,000 ca * Daily Value not established. | sone diet. | | | |

OTHER INGREDIENTS: Natural & Artificial Flavors, Citric Acid, Calcium Silicate (Anti-Caking Agent), Malic Acid, Acesulfame Potassium, Polysorbate 80, Sucralose, FD&C Yellow #6

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, have a medical condition, or are taking medication. Discontinue use two weeks prior to surgery,

NOTICE: Significant product settling may occur † Per 2 scoop serving.

CarnoSyn[®] trademark and patents owned by Natural Alternatives International, Inc.

betaPOWER BETAPOWER® is a registered trademark of



reducts bearing this logo have been tested for banned substances by HFL Sport Science, a world-class anti-deping lab. Product was tested for over 145 banned substances on the 2013

4. Choline 2. Agmatine Sulfate 5. CoQ-10 3 Rets-Alanine



Pittsburgh, PA 15222



