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GNC PRO PERFORMANCE[®] AMP AMPLIFIED LEUCINE COMPLEX

- Convenient, Great-Tasting Anabolic Chew with 3g Leucine to Spare Muscle Breakdown & Fuel Lean Muscle + Ingredients to Enhance Recovery*
- Scientifically Backed Opuntia Extract Modulates Insulin to Support Leucine's Impact on Muscle Protein Synthesis*
- Features Sicilian Blood Orange Extract to Protect Muscle Cells from Intense Training*



CLINICALLY RESEARCHED

GRAPE BLAST

NATURAL FLAVORS

DIETARY SUPPLEMENT
42 Soft Chews

CODE 781302

DIRECTIONS: As a dietary supplement, consume one or more servings post-workout to aid in recovery or throughout the day.

Servings	Goal
1	Fuels muscles, recovery and performance*
2	Helps replenish muscle glycogen stores and supports muscle protein synthesis*

Supplement Facts

Serving Size 2 Soft Chews
Servings Per Container 21

Amount Per Serving	% Daily Value
Calories	30
Calories from Fat	5
Total Fat	0.5 g 1%†
Total Carbohydrate	4 g 1%†
Fiber	1 g 4%†
Protein	<1 g
Leucine	3000 mg *
Prickly Pear Pad & Fruit Skins Extract (Opuntia ficus-indica)	1000 mg *
Sicilian Blood Orange Extract (Citrus sinensis)	100 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Polydextrose Syrup, Maltodextrin, Natural Flavors, Soy Lecithin, Sunflower Oil, Malic Acid, Citric Acid, Fruit and Vegetable Juice for Color, Glycerin, Carrageenan, Sucralose.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

* Adds a dietarily insignificant amount of sugar.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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General Nutrition Corporation
Pittsburgh, PA 15222

10G

AMPLIFY your recovery and lean muscle-building goals with this revolutionary formula available in convenient great-tasting chews. Amplified Leucine Complex was developed with one of the most important amino acids for lean muscle building, leucine, along with the new and trending ingredients to fuel muscle recovery optunia and Sicilian Blood Orange Extract.*

Muscle-Fueling Amino

Leucine is one of the most important amino acids to fuel muscle growth, recovery and performance.* This crucial branched chain amino acid helps support the preservation of glycogen in the muscle.* When combined with protein, leucine has been shown to support strength and power workouts and may have more performance-enhancing benefits when compared to taking protein alone.* Leucine also helps spare the muscle tissue from breaking down from intense training.* Therefore, the body will be able to focus on more useful energy sources like carbohydrates and fats.*

Maintaining Insulin Balance

Opuntia extract (prickly pear cactus) has been shown to support a healthy insulin response.* Maintenance of insulin balance is crucial for supporting lean muscle development and recovery along with carbohydrate metabolism.* Together, opuntia and leucine have been shown to boost insulin post-exercise. Insulin is key for shuttling nutrients to the muscles and helps restore glycogen stores. A boost in insulin post-exercise plays a key role in leucine and amino acid absorption and delivery of nutrients to muscle cells to support anabolism and recovery.*

Protecting Muscle Cells

The exotic fruit extract, Sicilian Blood Orange, is becoming one of the most well-known supplements among athletes for its recovery and muscle cell-protecting benefits.* This rare extract will help protect muscle cells from toxic free radicals that attack muscle during intense workouts.* The Sicilian Blood Orange will also lower oxidative stress in athletes to support greater recovery.*



Products bearing this logo have been tested for banned substances by HPL Sport Science, a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2014 World Anti-Doping Agency (WADA) Prohibited List via HPL skip lot testing protocol #CP0307. See gnc.com for more information.

To ensure a complete nutritional program, take daily with these GNC products: Amplified Creatine XXX*, Amplified Wheyabolic Extreme 60™ Original.

