

DIRECTIONS: Take two capsules one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner before use, especially if you have a current medical condition, take prescription drugs, or are using dietary supplements containing L-tryptophan or 5-HTP, St. John's wort, SAME, or Hawaiian baby woodrose. Pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Mood Food ES™ combines the same vitamins, minerals, and amino acids as first generation Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium, further enhance synthesis of chemical messengers that support calmness, a healthy mood, and a healthy nervous system.*

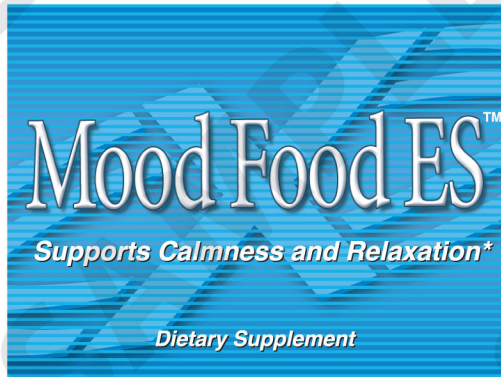
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

XYMOGEN®

EXCLUSIVE PROFESSIONAL FORMULAS



Mood Food ES™

Supports Calmness and Relaxation*

Dietary Supplement

Pharmaceutical Grade • Professional Use Only
120 Vegetable Capsules

Supplement Facts

Serving Size: 2 Capsules
 Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	20 mg	33%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	250%
Folate (150 mcg as (6S)-5-methyltetrahydrofolic acid, glucosamine salt† and 150 mcg as calcium folinate)	300 mcg	75%
Vitamin B12 (as methylcobalamin)	30 mcg	500%
Magnesium (as TRAACS® Magnesium Lysyl Glycinate Chelate)	70 mg	18%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	3 mg	20%
Selenium (as Selenium Glycinate Complex)	50 mcg	71%
Taurine	300 mg	**
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i>)(seed)	100 mg	**
L-Theanine (Suntheanine®)	100 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**
** Daily Value (DV) not established.		

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglycerides.

Suntheanine® Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

Quatrefolic® † Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

TRAACS is a registered trademark of Albion Laboratories, Inc. Chelates covered by U.S. patent 7,838,042 and patents pending.

ZLB-MOODFS-02
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