

Melatonin is a supplement that works in harmony with your natural sleep cycle to support a sound, tranquil sleep so you can awaken refreshed. Melatonin is an excellent choice for people experiencing occasional sleeplessness, those experiencing jet lag, or anyone who just wishes to improve the quality of their sleep.**

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 88745 B29615 01B

NATURE'S BOUNTY®

SUPER STRENGTH

Melatonin

5mg | Clinically Studied Ingredient

- ◆ Helps Support Relaxation & Sleep*
- ◆ Wake Up Refreshed & Revitalized*

RAPID RELEASE
LIQUID SOFTGEL



90 softgels

100%
Drug Free Sleep Aid*

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Melatonin	5 mg **

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax. **Contains <2% of:** Soy Lecithin, Titanium Dioxide Color.

Contains soy ingredients.

Non-GMO

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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