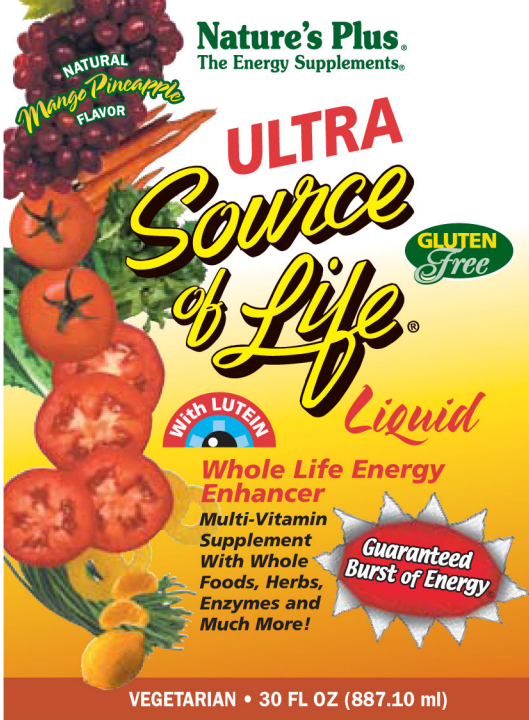


WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts		
Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)		
Servings Per Container 30		
Amount Per Serving		%DV
Calories	50	
Total Carbohydrate	13 g	4%**
Sugars	10 g	†
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Vitamin K (as phytonadione)	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3333%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as citrate complex)	50 mg	5%
Iron (as aminoate complex)	4.5 mg	25%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate complex)	100 mg	25%
Zinc (as gluconate)	15 mg	100%
Selenium (as selenomethionine, aminoate complex)	25 mcg	36%
Copper (as aminoate complex)	0.5 mg	25%
Manganese (as gluconate)	4 mg	200%
Chromium (as polynicotinate)‡	20 mcg	17%
Potassium (as citrate, iodide)	50 mg	1%
Inositol	30 mg	†
Choline (as bitartrate)	13 mg	†
Lutein (active carotenoid from marigold flower extract)††	3 mg	†
**Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value (DV) not established.		

Other ingredients: Water, fructose, vegetable glycerin, citric acid, natural flavors, xanthan gum, copper chlorophyllin, sodium benzoate and potassium sorbate (preserve freshness), **Whole Food PhytoAlgae** [Proprietary complex of spirulina (Hawaiian *Spirulina platensis*), Phenalgin™ (*Cystoseira canariensis* from Canary Islands)††, chlorella (Bulgarian *Chlorella vulgaris*) (broken cell), cryptomonadales (Asian), red kelp (Norwegian *Palmaria palmata*), brown kelp (Norwegian *Laminaria digitata*), ulva (Asian *Ulva rigida* & *Ulva fasciata*), red seaweed (Irish *Lithothamnium calcarium*), dulce (Mediterranean *Rhodomenia palmata*), rockweed (American *Ascophyllum nodosum*)], **Whole Food Amino Acid Complex** (from spirulina and rice bran), **Whole Food Antioxidants** [Proprietary Blend: turmeric rhizome, milk thistle seed, pau d'Arco, Chinese green tea leaf (decaffeinated)††], **Whole Food Enzymes** [Proprietary Enzyme Complex: papain (papaya fruit), bromelain (from pineapple fruit), amylase (*Aspergillus oryzae*), lipase (*A. oryzae*), cellulase (*A. niger*), protease (*A. oryzae*)], young barley leaf, bioflavonoids (from *Citrus limon* exocarp), black currant juice, sunflower oil, **Food Fiber Complex** [Proprietary Fiber Blend: apple pectin, soluble oat bran, arabinogalactan, modified citrus pectin], black currant fruit, quercetin (from *Sophora japonica* and *Dimorphandra mollis*), rutin (from *Sophora japonica* leaf), hesperidin (from *Citrus limon* exocarp), glutathione, *Echinacea purpurea* root, thyme leaf, boron citrate, RNA (ribonucleic acid), DNA (deoxyribonucleic acid), octacosanol, astragalus root, ligustrum berry, schisandra fruit, PABA (para-aminobenzoic acid), N-acetyl-cysteine, grape seed extract, **Neurosyn** [*Ginkgo biloba* leaf††, *Panax ginseng*††], Source-70 (whole food based soluble mineral complex), Spanish bee pollen, **Whole Food Wellness Complex** [Whole fruit concentrates 10X: apple, apricot, banana, camu-camu (*Myrciaria dubia*), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10X: alfalfa sprout, barley grass juice, cabbage leaf, cayenne (*Capsicum frutescens* fruit), onion bulb, parsley leaf, Shiitake mushroom (*Lentinus edodes* mycelia); concentrate 4X: celery seed; standardized extracts: pineapple, papaya fruit, red grape (*Vitis vinifera*), broccoli floret, carrot root, garlic clove, reishi mushroom (*Ganoderma lucidum* fruiting body); standardized concentrate: spinach leaf], chlorophyll (from spirulina), carotenoids, erioctitrin (from *Citrus limon* exocarp), Irish moss (*Chondrus crispus*) and rice bran.

‡‡standardized extract

‡ChromelMate® Brand Niacin-Bound Chromium is a registered trademark of InterHealth N.I.

††FloraGLO® is a registered trademark of Kemlin Industries, Inc.

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