

Target-Mins® are made with specific free-form amino acids for optimal mineral delivery.* A daily intake of zinc is needed as the body does not store it. Zinc maintains healthy activity at the cellular level, and plays a role in immune function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR CORN
YES CERTIFIED VEGETARIAN BY THE AVA	NO SOY, MILK OR SALT
YES RECYCLABLE PACKAGING	NO SUGAR OR PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES KOSHER	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



• TARGET-MINS® •

ZINC

50 mg

Certified Gluten-Free

Supports immune health*

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Zinc (as zinc citrate, histidinate, picolinate, alpha-ketoglutarate, aspartate)†	50 mg	333%

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

CAUTION: Not for use by persons under the age of 18 or by pregnant or nursing women. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Dietary
Supplement

180 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 2521