



OPTIMAL SOLUTIONS®

WOMEN'S MULTIVITAMIN GUMMIES

HEALTH & BEAUTY

50 mg of Collagen
per serving

Supports Energy, Immune
& Bone Health*

Over 10 Key Nutrients

Made with
Natural Colors
& Flavors



80 Raspberry Flavored
gummies

DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?

Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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Made In The
USA
with select ingredients
from around the world

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Nature's Bounty® Optimal Solutions® Women's Multivitamin Gummies offer a unique formula — created for women, by women — to provide your body with over 10 key nutrients every day in a delicious raspberry and mixed berry flavored gummy.* Nature's Bounty® Optimal Solutions® Women's Multivitamin Gummies provide you with the vital nutrients to support a healthy and beautiful body.* Each daily serving provides your body with antioxidant Vitamins E and C, Calcium for bone health and Vitamin D for immune health.* Other key nutrients, like B Vitamins, provide energy support by helping convert food into energy.*

DIRECTIONS: For adults, take two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	%Daily Value	
Vitamin A (as Retinyl Acetate)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	30 mg	50%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	9 mcg	150%
Biotin (as d-Biotin)	600 mcg	200%
Calcium (as Dicalcium Phosphate)	100 mg	10%
Iodine (as Potassium Iodide)	40 mcg	27%
Zinc (as Zinc Citrate)	2.5 mg	17%
Collagen	50 mg	**

**Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin, Natural Flavor. **Contains <2% of:** Citric Acid, Fractionated Coconut Oil (Contains Carnauba Wax), Pectin, Vegetable Juice (color).

No Artificial Color, Artificial Flavor or Artificial Sweetener, **No** Preservatives, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.