

Suggested Usage: Take 1 capsule daily.

When life is challenging, the adrenal glands have to work harder to help the body meet increased metabolic demands and support the fight or flight response. This process can also deplete essential nutrients necessary to maintain optimal adrenal function and antioxidant status. B-50 is a targeted combination of Vitamins B6, B12, Pantothenic Acid, Folic Acid and Vitamin C at levels necessary to replenish and maintain optimal B Vitamin and antioxidant status during these challenging times.* This formula provides recommended potencies of the most important B Vitamins and Vitamin C, and is formulated to supply the body's daily needs in one complete supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packets. Keep in Bottle. Natural color variation may occur in this product. Store in a cool, dry place after opening. Please Recycle.

CAPSULE SIZE

CODE 0410B VS



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B-50

Complex with C

Nutritional Health

Support During Challenging Times*

100 Capsules

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	120 mg	200%
Thiamin (Vitamin B-1) (from Thiamin HCl)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	50 mg	2500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	50 mcg	17%
Pantothenic Acid (from Calcium Pantothenate)	100 mg	1000%
PABA	50 mg	†
Choline (from Choline Bitartrate)	50 mg	†
Inositol	50 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

