

Suggested Usage: Take 1 softgel daily with a meal.

Beta-Carotene is an essential nutrient found predominantly in algal species and in yellow, orange, and dark green vegetables. It is fat soluble and may serve as either an antioxidant or be converted to retinol (vitamin A) in the body based on physiological need.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

SOFTGEL
SIZE

CODE 0322 V4



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Natural Beta Carotene 25,000 IU

Essential Nutrition

- Precursor to Vitamin A
- Antioxidant Protection of Vitamins A & E*

180 Softgels

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene) (Natural Mixed Carotenoids from <i>D. salina</i>)	25,000 IU	500%
Vitamin E (from Mixed Tocopherols)	5 IU	17%
Soy Lecithin (61% Phosphatides)	10 mg	†

† Daily Value not established.

Other ingredients: Soybean Oil and Softgel Capsule (gelatin, glycerin, water, carob).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

