

Nature's Bounty Magnesium Plus Electrolytes combines magnesium and electrolytes to support bone health, muscle contractions, nerve impulses and healthy hydration when taken with adequate liquids.*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and savings join our e-newsletter, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 53494 B53494 02B

NATURE'S BOUNTY

HIGH POTENCY
Magnesium
500 mg | Plus Electrolytes

Supports Muscle Health & Hydration*

COATED FOR EASY SWALLOWING

90 tablets



MINERAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. When you are exercising, take with one 8 oz. glass of water before or after your workout.

Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | %Daily Value | |
|-----------------------------------|--------------|------|
| Magnesium (as Magnesium Oxide) | 500 mg | 125% |
| Sodium (as Sodium Chloride) | 90 mg | 4% |
| Potassium (as Potassium Chloride) | 30 mg | 1% |

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate. **Contains <2% of:** Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Suitable for Vegetarians

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
Bohemia, NY 11716 U.S.A. © 2014 Nature's Bounty, Inc.

0
74312
53494
2