

EPA and DHA from Fish Oil are "good" fats that are known to promote heart and circulatory health.* This unique formula also contains high potency Vitamin D3. Vitamin D3 supports the immune system while promoting bone health.* To read more about the sourcing of Nature's Bounty's quality fish oil, go to www.naturesbounty.com.

NON-GMO. No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and savings
join our e-newsletter, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



USA
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EEC

Prod. No. 19405 B30779 08H

NATURE'S BOUNTY®

Fish Oil+D3

Fish Oil
1200 mg

Pure-Catch™

360 mg of Omega-3

Supports Heart,
Immune &
Bone Health*

RAPID RELEASE
LIQUID SOFTGEL



90 softgels



1000 IU of Vitamin D3

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Cholesterol	10 mg	3%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Fish Oil	1,200 mg (1.2 g)	***
provides 360 mg of Total Omega-3 Fatty Acids†		***
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin. Contains <2% of: Mixed Natural Tocopherols, Natural Caramel Color.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

Purified to eliminate mercury.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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