

**Magnesium plays an essential role in maintaining bone mineralization.\* Magnesium is also involved in muscle contractions and nerve impulses.\***

**Non-GMO. No** Artificial Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

Suitable for Vegetarians

 Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and savings  
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[www.NaturesBounty.com](http://www.NaturesBounty.com)

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Prod. No. 5535 B5536 12G

NATURE'S  BOUNTY®

MAXIMUM STRENGTH  
**Magnesium**  
500mg

**Supports Bone  
& Muscle Health\***

**COATED  
FOR EASY  
SWALLOWING**



100 tablets

MINERAL SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

**Supplement Facts**

Serving Size 1 Tablet

**Amount Per Serving %Daily Value**

Magnesium	500 mg	125%
(as Magnesium Oxide)		

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate. **Contains <2% of:** Citric Acid, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**

Bohemia, NY 11716 U.S.A.

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