

PROFESSIONAL USE ONLY

Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Mix two scoops (43 g) in 8-12 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack, a “rescue” food, an occasional meal replacement, or as directed by your healthcare practitioner.†

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California’s Proposition 65. Therefore, this product may not be sold in California.

FIT Food™ Vegan is an easy-to-mix functional food for vegans, individuals sensitive or allergic to soy and/or dairy, or anyone seeking an alternative source of quality protein. FIT Food Vegan features VegaPro™, an all-natural rice and pea protein blend.

The pea protein in FIT Food Vegan is rich in lysine and arginine. Lysine is of particular interest in weight control because it helps maintain lean body mass. Arginine is essential to weight control for its ability to help increase muscle mass and reduce body fat. Pea protein has the highest lysine concentration (7.2%) of all vegetable-based proteins and the highest arginine concentration (8.7%) among all commercially available proteins.†

Easy-to-digest VegaPro features a full complement of amino acids, including branched-chain amino acids.†

- **Featuring VegaPro™ (proprietary vegan protein blend)**
- **Free of Gluten, Dairy, Lactose, and Other Common Allergens**
- **Easy-to-Digest†**
- **Non-GMO**
- **No Soy**
- **No Fructose**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



17g
PROTEIN

fitfood™
VEGAN

Vegan Protein Shake Mix

ePV:



NET WT
21.23 oz
(602 g)

Functional
Food

Creamy
Chocolate

Nutrition Facts

Serving Size 2 Scoops (about 43g)
Servings Per Container About 14

Amount Per Serving			
Calories 150		Calories From Fat 40	
% Daily Value*			
Total Fat 4.5g		7%	
Saturated Fat 1g		5%	
Sodium 330mg		14%	
Potassium 330mg		9%	
Total Carbohydrate 16g		5%	
Dietary Fiber 8g		32%	
Sugars 6g			
Protein 17g		34%	
Calcium 4%		•	Iron 25%
Not a significant source of <i>trans</i> fat, cholesterol, vitamin A, or vitamin C.			
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: VegaPro™ (XYMOGEN's proprietary blend of pea protein concentrate, pea protein isolate, glycine, taurine, rice protein concentrate, and L-glutamine), dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), cocoa powder, sunflower oil, natural flavors (no MSG), cellulose gum, xanthan gum, medium-chain triglycerides oil, tripotassium citrate, Aminogen® (proprietary plant enzyme blend), guar gum, stevia leaf extract, and silica.



Typical Amino Acid Profile
Per Serving:

Alanine	725 mg
Arginine	1,453 mg
Aspartic Acid	1,962 mg
Cysteine	159 mg
Glutamic Acid	2,861 mg
Glycine	2,693 mg
Histidine	420 mg
Isoleucine	781 mg
Leucine	1,420 mg
Lysine	1,230 mg
Methionine	178 mg
Phenylalanine	921 mg
Proline	734 mg
Serine	903 mg
Taurine	500 mg
Threonine	631 mg
Tryptophan	166 mg
Tyrosine	646 mg
Valine	846 mg

XYMOGEN®
Exclusive Professional Formulas
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