Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid. Xanthan Gum and Potassium Sorbate (as preservative).

NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Suggested Usage: Shake well. For Adults: take 1 tablespoon (15 mL) daily with a meal. For Children 4 years and older: take 1 teaspoon (5 mL) daily with a meal

PEERIGERATE AFTER OPENING TO PRESERVE ELAVOR This unique formula utilizes brown rice protein as a

stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals. AAC = Amino Acid Chelate

SelenoPure™ is a trademark of Nutrition 21.: Chromium Chelavite® is a registered trademark of Albion Labs.: VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.: FloraGLO® is a registered trademark of Kemin Industries. Inc.

Caution: Consult physician if pregnant/nursing. taking medication, or have a medical condition. Keep out of reach of children, Contains Xvlitol. do not feed to pets.

Please Recycle.

CODE 3772B VA







Liquid Multi IRON-

Liquid Vitamin & Mineral

- Fast Absorption
- Added Phytonutrients
- ·Stabilized with Rice Protein
- Tropical Orange Flavor

Net 16 fl. oz. (473 mL) A Dietary Supplement Vegetarian/Vegan



Vitamins Family owned since 1968.

Supplement Facts Serving Size 1 Tablesmon (16 ml.) Servings Per Container about 32

	Amount Per Serving	% Dail: Value
Calories	25	
Total Carbohydrate	6 g	2%
Xyitol	3 g	
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carote	ne) 5,000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	
Vitamin D (as Ergocalciferol)	400 IU	
Vitamin E (from d-alpha Tocopheryl Acetate)	100 IU	3331
Thiamin (Vitamin B-1) (from Thiamin Hydrochloride)	10 mg	
Riboflavin (Vitamin B-2)	10 mg	
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	1251
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	16673
Biotin	100 mcg	339
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate		2509
Calcium (from Calcium Carbonate)	25 mg	3
lodine [from Kelp (Laminaria digitata)]	75 mcg	509
Magnesium (from Magnesium Oxide)	10 mg	31
Zinc (from Zinc AAC)	3 mg	201
Selenium (from Selenopure™ L-Selenomethionine)	15 mcg	219
Manganese (from Manganese AAC)	2 mg	100
Chromium (from Chromium Chelavite® AAC)	10 mcg	81
Potassium (from Potassium Chloride)	25 mg	< 13
Orange Juice Powder	100 mg	
VitaBerry® Fruit Blend	50 mg	
Aloe Vera Juice	50 mg	
Colloidal Minerals (Fulvic Acid)	50 mg	
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	
Choline (from Choline Bitartrate)	25 mg	
Inositol	25 mg	
Kelp (Laminaria digitata)	15 mg	
Grape Seed Extract (Vitis vinifera) (Standardized for Polyphe		
Citrus Bioflavonoid Complex	10 mg	

Percent Daily Values are based on a 2 000 calorie diet.
† Daily Value not established

100 mcg

Lutein (FloraGLO®) (from Marigold Extract)