## Nutritional Support for Healthy Sleep. \*

Each metered, non-aerosol spray supplies an activated complex of 100% pharmaceutical grade Melatonin, highly active coenzymes and a proprietary base of essential metabolic factors. This power-packed profile is then optimized, using the Instaceutic™ delivery system for maximum absorption and utilization.

**DIRECTIONS: SHAKE WELL BEFORE USING.** As a dietary supplement, one spray 30 minutes before retiring. Spray under tongue, hold for 20 seconds and then swallow.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LBL. 1133447





## **Supplement Facts**

Serving Size 1 Spray Servings Per Container 80

Amount Per Serving

%DV

Vitamin E (as d-alpha .... 1 IU 3% tocopheryl acetate)

Melatonin (N-acetyl- . . . 1.5 mg 5-methoxytryptamine)
GABA (gamma . . . . 2500 mcg 4 aminobutyric acid)
Pyridoxal-5- . . . . . 2500 mcg 5 phosphate (P5P)

†Daily Value (DV) not established.

Other ingredients: Vegetable glycerin, purified water, purified lecithin, natural peppermint flavor and citrus peel extract (*Citrus sinensis*).

In a proprietary micro-soluble complex of healthful lecithin, including naturally occurring constituents such as medium chain triglycerides and phosphatidyl-choline.

NOTICE: For adult use only. Melatonin should not be used except with a physician's advice in the following conditions: pregnancy, lactation, serious illness, autoimmune disorders, diabetes, depression, endocrine disorders or during use of antidepressants or other prescription medications. Do not drive or operate heavy machinery while using.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.