

***Nutritional Support for
Restful Relaxation
and Overall Well-Being.****

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet as needed at bedtime or during the day.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PRODUCT NO. 4749



Nature's Plus®
The Energy Supplements®

THE TRYPTOPHAN ALTERNATIVE
TRANQUILITY
Multi-Nutrient
Supplement w/Herbs



90 Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	%DV
Calcium (as caseinate, soy amino acid chelate/complex)	100 mg	10%
Magnesium (as soy amino acid chelate/complex)	200 mg	50%
Milk Protein Concentrate (containing 10 mg of naturally occurring L-Tryptophan)	750 mg	†
Valerian (<i>Valeriana officinalis</i> root)	200 mg	†
Chamomile (<i>Matricaria recutita</i> flower)	50 mg	†

†Daily Value (DV) not established.

Other ingredients: Calcium carbonate, magnesium oxide, vegetable cellulose, microcrystalline cellulose, silica, stearic acid, magnesium stearate and pharmaceutical glaze.

No added amino acids.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA
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