

***Nutritional Support for Healthy Bones,
Natural Energy Production and
Overall Well-Being.****

Free from artificial colors and preservatives.
DIRECTIONS: As a dietary supplement, two tablets
 once daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

***This statement has not been evaluated by the
 Food and Drug Administration. This product is
 not intended to diagnose, treat, cure or prevent
 any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of **Nature's Plus**
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PRODUCT NO. 3306



Vegetarian Yeast Free

Nature's Plus®
 The Energy Supplements®

**Iron-Free Multiple Mineral
 Dietary Supplement**
MEGA-MINS®
HOLD THE IRON



90 Tablets



Supplement Facts

Serving Size 2 Tablets
 Servings Per Container 45

Amount Per Serving	% Daily Value	
Calcium (as amino acid chelate/complex)	1000 mg	100%
Phosphorus (as amino acid complex)	200 mg	20%
Iodine (from kelp)	225 mcg	150%
Magnesium (as amino acid chelate/complex)	500 mg	125%
Zinc (as amino acid chelate/complex)	50 mg	333%
Selenium (as amino acid complex)	4 mcg	6%
Manganese (as amino acid chelate/complex)	10 mg	500%
Chromium (as amino acid chelate)	4 mcg	3%
Potassium (as amino acid complex)	99 mg	3%

Other ingredients: Vegetable cellulose, calcium carbonate, tri-calcium phosphate, magnesium oxide, stearic acid, potassium citrate, zinc sulfate, manganese sulfate, isolated soy protein, microcrystalline cellulose, magnesium stearate, carob, potassium iodide and pharmaceutical glaze.