



VITAMIN D-3
2,000 iu
Dietary Supplement
250 Softgels

CONTAINS NO: sugar, salt, dairy, gluten, yeast, wheat, corn, preservatives, artificial colors, or flavors.

SUGGESTED USE: As a dietary supplement, adults take one (1) softgel daily, or as directed by a health care professional. Store in a cool, dry place away from light.

Keep out of reach of children.

Quality and Potency Guaranteed.

02-92

Supplement Facts
Serving Size: 1 Capsule

	Amt per Serving	% Daily Value
Vitamin D (as cholecalciferol)	2,000 iu	500%

Other Ingredients: Gelatin, glycerin, water (capsule), soy bean oil.

The role of Vitamin D in helping to maintain bone density and strength is clear. It is required for the process of moving calcium through the intestinal wall into the bloodstream.* Two forms of Vitamin D are commonly found in supplements: D-3 (cholecalciferol) and D-2(ergo-calciferol). Vitamin D-3 is more bioactive

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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