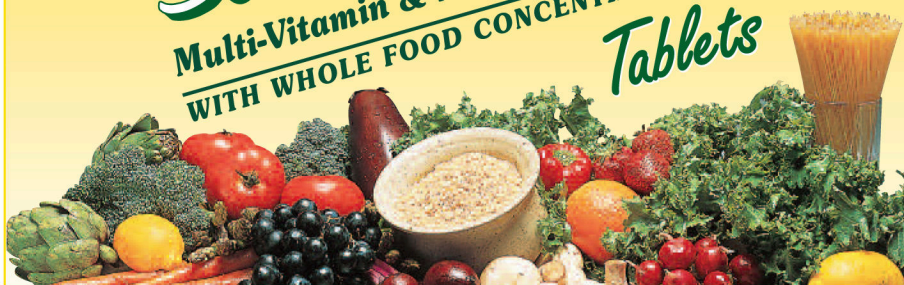


Nature's Plus®
The Energy Supplements®

Source of Life®
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES
Tablets

GLUTEN
Free



Vegetarian • Hypo-Allergenic • 90 Tablets

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	
Calories	20	Spirulina	1000 mg†
Total Carbohydrate	3 g	Essential Fatty Acid—Rich Whole Food . . .	220 mg†
Dietary Fiber	1 g	Energy Blend: Black Currant,	
Protein	1 g	Sunflower Seed, Octadecanoic Acid	
Vitamin A (as beta carotene)	10,000 IU	Bioflavonoids (from <i>Citrus limon</i> exocarp)	60 mg†
Vitamin C (as ascorbic acid)	1000 mg	(active flavonols, flavonones,	
Vitamin D3 (as cholecalciferol)	1000 IU	flavones & naringin [26 mg])	
Vitamin E (as d-alpha	200 IU	Ginseng Root (Korean)	50 mg†
tocopheryl succinate)		Bromelain (from pineapple fruit)	40 mg†
Vitamin K2 (as menaquinone-4, . . .	80 mcg	(24 gelatin digesting units)	
menaquinone-7)		Choline (as bitartrate)	30 mg†
Thiamin (as thiamine HCl)	25 mg	Inositol	30 mg†
Riboflavin (vitamin B2)	25 mg	Quercetin (from <i>Sophora japonica</i>	30 mg†
Niacin (as niacinamide)	40 mg	& <i>Dimorphandra mollis</i>)	
Vitamin B6 (as pyridoxine HCl)	25 mg	Papain (from papaya fruit)	30 mg†
Folate (as folic acid)	400 mcg	Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Vitamin B12 (as cyanocobalamin)	1000 mcg	Betaine HCl	25 mg†
Biotin	100 mcg	RNA (ribonucleic acid)	21 mg†
Pantothenic Acid	60 mg	Apple Pectin	20 mg†
(as calcium pantothenate)		PABA (para-aminobenzoic acid)	15 mg†
Calcium (as aminoate complex) . . .	200 mg	Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
Iron (as aminoate	18 mg	Chlorophyll (from spirulina)	7.5 mg†
complex, ascorbate)		DNA (deoxyribonucleic acid)	6 mg†
Iodine (from kelp)	150 mcg	Amylase (from brown rice fermentation)	5 mg†
Magnesium (as aminoate complex)	100 mg	Lipase (from brown rice fermentation)	5 mg†
Zinc (as aminoate	15 mg	Carotenoids	4 mg†
complex, picolinate)		Eriocitrin (from <i>Citrus limon</i> exocarp) . . .	3 mg†
Selenium (as aminoate complex) . . .	25 mcg	Octacosanol	200 mcg†
Copper (as aminoate complex) . . .	0.5 mg		
Manganese (as aminoate complex)	4 mg		
Chromium (as aminoate complex)	20 mcg		
Molybdenum (as aminoate complex)	37.5 mcg		
Potassium (as aminoate complex)	50 mg		

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA

©NATURAL ORGANICS® www.naturesplus.com

PRODUCT NO. 3057

LBL 1133963



Other ingredients: Microcrystalline cellulose, di-calcium phosphate, stearic acid, magnesium oxide, vegetable cellulose, ferrous fumarate, zinc oxide/sulfate, magnesium stearate, potassium chloride, manganese sulfate, potassium iodide, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.