



ENERGY* VASCULARITY*

STRENGTH* PUMP*

REV 2003



PUMP EXTRÊM™ HIGHLIGHTS

INGREDIENTS FOUND IN PUMP EXTRÊM™ MAY HELP SUPPORT:

- Increased Nitric Oxide Production*
- Increased Muscular Endurance*
- Increased Training Endurance*
- Improved Mental Focus*
- Increased Muscular Energy*
- Improved Muscle Pumps*
- Improved Fatty Acid Oxidation*



GlycoCarn® is a Registered Trademark of Sigma-Tau HealthSciences, LLC and protected under USA Production Patent #6703042, Worldwide Patent #EP1202056.
BioPerine® is a Registered Trademark of Sabinsa Corporation.
CarnoSyn® is licensed under one or more U.S. Pat. Nos. 5,960,506, 6,426,361 and 7,504,378 owned by Natural Alternatives International, Inc. (NAI) - CarnoSyn® is a Registered Trademark of NAI.
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PUMP



ENERGY



STRENGTH



Track with:



PUMP

EXTRÊM™

ADVANCED NITRIC OXIDE BOOSTER*

WATERMELON

ARTIFICIALLY AND NATURALLY FLAVORED

DIETARY SUPPLEMENT
NET WT 4.97 OZ (140.8 g)



CAFFEINE WARNING: Limit the use of caffeine products. Too much caffeine may cause nervousness, irritability, sleeplessness and on rare occasions a rapid heartbeat. Do not exceed recommended use.

WARNING: This supplement is not intended for persons under the age of 18. Always consult your physician before using this or any other dietary supplement. **DO NOT USE IF PREGNANT OR NURSING.** Do not use if you have or suspect having cardiovascular renal or hepatic disease. Individuals with high or low blood pressure, diabetes, being treated for erectile dysfunction, psychiatric or mental disorder, taking MAOI inhibitors, OTC or prescribed drugs should not use this product. Discontinue use immediately and consult a physician if you experience any adverse reaction to this product, which may include (but not limited to) sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations. **STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

NOTE: Contents may settle during shipping. SHAKE CONTAINER BEFORE USE. Moisture and humidity can cause clumping and discoloration. Stir contents before each use and SEAL IMMEDIATELY AFTER!

Manufactured for Promera Health, LLC • 61 Accord Park Drive • Norwell, MA 02061
Manufactured in the U.S.A. from international and domestic ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Scoop (4.4g)
Servings Per Container 32

	Amount Per Serving	% Daily Value**
Vitamin B3 (as Niacin)	25 mg	125%
Folic Acid	200 mcg	50%
Vaso-Support Matrix	2,758 mg	†

Beta-Alanine (CarnoSyn®), Arginine Sulfate (ArginaMax™), L-Norvaline, Glycine Propionyl L-Carnitine HCl (GlycoCarn®), Caffeine Anhydrous (200 mg), Capsicum Extract (Capsicum Annuum) (Fruit) (Standardized For Capsaicinoids) (Capsimax™), Rutascarpine, Black Pepper Fruit Extract, (Biotperine®)

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established

Other ingredients: Citric Acid, Natural Flavors, Sucralose, Silicon Dioxide, and Red #40.

SUGGESTED USE: Adults, to determine tolerance mix up to 1 serving (1 scoop) with 6 to 8 ounces of water 15 minutes prior to training. Once tolerance is assessed you may increase up to 2 servings (2 scoops). **DO NOT** use more than 2 servings at one time. **NOTE:** 2 scoops has 400mg of CAFFEINE. Do not consume 6 hours prior to bedtime.

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