

**Nutritional Support for
Natural Energy Production.***

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, soy and milk.

DIRECTIONS: As a dietary supplement, one tablet daily, preferably with a meal.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MICRO-GEL SUSTAINED RELEASE SYSTEM

PRODUCT NO. 1455



Vegetarian  Hypo-Allergenic

Nature's Plus®
The Energy Supplements®

SUSTAINED RELEASE
Dietary Supplement

MEGA B-150
Balanced
B-Complex



90 Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Thiamin (vitamin B-1) (as thiamine HCl)	150 mg	10,000%
Riboflavin (vitamin B-2)	150 mg	8824%
Niacin (as niacinamide)	150 mg	750%
Vitamin B-6 (as pyridoxine HCl)	150 mg	7500%
Folate (as folic acid)	250 mcg	63%
Vitamin B-12 (as cyanocobalamin)	150 mcg	2500%
Biotin	150 mcg	50%
Pantothenic Acid (as calcium pantothenate)	150 mg	1500%
Inositol	150 mg	†
PABA (para-aminobenzoic acid)	150 mg	†
Choline (as bitartrate)	63 mg	†

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, di-calcium phosphate, rice bran, hydroxypropyl methylcellulose, magnesium stearate, silica, watercress, alfalfa, parsley and pharmaceutical glaze.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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