

**Nutritional Support for
Natural Energy Production.***

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, soy and milk.

DIRECTIONS: As a dietary supplement, one tablet daily, preferably with a meal.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MICRO-GEL SUSTAINED RELEASE SYSTEM

PRODUCT NO. 1440



Vegetarian Hypo-Allergenic

Nature's Plus®
The Energy Supplements®

SUSTAINED RELEASE
Dietary Supplement

MEGA B-100

Balanced
B-Complex



90 Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Thiamin (vitamin B-1) (as thiamine HCl) . . .	100 mg	6667%
Riboflavin (vitamin B-2)	100 mg	5882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5000%
Folate (as folic acid)	100 mcg	25%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Inositol	100 mg	†
Choline (as bitartrate)	42 mg	†
PABA (para-aminobenzoic acid)	30 mg	†

†Daily Value (DV) not established.

Other ingredients: Di-calcium phosphate, stearic acid, hydroxypropyl methylcellulose, rice bran, magnesium stearate, alfalfa, watercress, parsley, pharmaceutical glaze and silica.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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