

Supplement Facts continued from previous panel...

Essential Amino Acid Rich Complex (from chia, spirulina, 100 mg † chlorella and whole brown rice)

Cysteine . . 0.6 mg Leucine . . . 2.0 mg Threonine . . 1.0 mg Arginine . . 3.0 mg Lysine 1.4 mg Tryptophan . 0.4 mg Histidine . 0.8 mg Methionine . 0.9 mg Tyrosine . . 0.9 mg Isoleucine . 1.1 mg Phenylalanine 1.5 mg Valine 1.5 mg

Lemon Bioflavonoid Complex (from *Citrus limon* fruit) 40 mg † BlemiShield™ Complex – Cranberry (Vaccinium macrocarpon), ...35 mg † S. salivarius M18, S. salivarius K12 (1 billion viable cells at time of manufacture)

* Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Natural flavors, citric acid, guar gum, magnesium stearate, magnesium oxide, natural color, stevia, zinc oxide, choline bitartrate, inositol, rose hips (Rosa canina fruit), whole brown rice, papaya fruit, carrot, mango fruit, spinach, broccoli and West Indian cherry (Malpighia glabra fruit). Mineral aminoates are whole brown rice chelates.

DIRECTIONS: As a dietary supplement for young men, two tablets once daily. **VEGETARIAN • HYPO-ALLERGENIC**

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

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Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

Supplement Facts

Serving Size 2 Chewable Tablets Servings Per Container 30		
	Amount Per Serving	% DV
Calories Total Carbohydrate Xylitol Vitamin A (as beta carotene) Vitamin D3 (as ascorbic acid) Vitamin D3 (as cholecalciferol) Vitamin E (as d-alpha tocopheryl ace Vitamin K2 Thiamin (vitamin B1) (as thiamine H Riboflavin (vitamin B2) Niacin (as niacinamide) Vitamin B6 (as pyridoxine HCl) Folate (as folic acid) Vitamin B12 (as cyanocobalamin) Biotin Pantothenic Acid (as calcium pantoti Calcium (as di-calcium phosphate; aminoate complex)	3g 3g 3g 5,000 IU 60 mg 500 IU ttate) 30 IU80 mcg CI) 1.9 mg 2.1 mg 2.5 mg 2.5 mg 400 mcg 7.5 mcg henate) 12.5 mg	1%* 100% 100% 100% 125% 100% 125% 125% 125% 125% 125% 125% 125% 125
Iron (as fumarate; aminoate complex Magnesium (from chia; aminoate co Zinc (as zinc/magnesium/aspartic ac aminoate complex)	mplex) 10 mg	1 3%
Selenium (as aminoate complex) Copper (as aminoate complex) Manganese (as gluconate)		50% 50% 50% 50%

Supplement Facts continue on next panel...