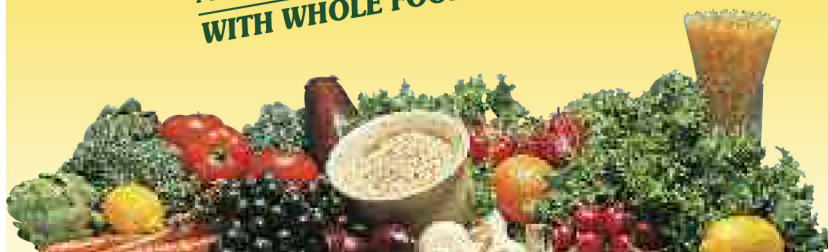


Nature's Plus<sup>®</sup>  
The Energy Supplements<sup>®</sup>

Source of Life<sup>®</sup>  
**ADULT'S CHEWABLE**  
Multi-Vitamin & Mineral Supplement  
WITH WHOLE FOOD CONCENTRATES

Guaranteed  
Burst of Energy<sup>®</sup>

GLUTEN  
Free



Delicious Apple Cinnamon Flavor  
Vegetarian • Hypo-Allergenic • 90 Wafers

*Nutritional Support for Natural Energy  
Production and Overall Well-Being.\**

Free from artificial colors and preservatives.  
Free from the common allergens yeast, wheat, soy and milk.  
Mineral aminoates are whole brown rice chelates.

**DIRECTIONS:** As a dietary supplement, chew two wafers  
once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing prod-  
ucts is a leading cause of fatal poisoning in children under  
6. Keep this product out of reach of children. In case of ac-  
cidental overdose, call a physician or poison control center  
immediately.

**\*This statement has not been evaluated by the Food and  
Drug Administration. This product is not intended to  
diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**  
makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA  
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**PRODUCT NO. 3086**



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**Supplement Facts**

Serving Size 2 Wafers  
Servings Per Container 45

|                                                                                                                                                                                                                            | Amount Per Serving | %DV     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------|
| Calories                                                                                                                                                                                                                   | 35                 |         |
| Total Carbohydrate                                                                                                                                                                                                         | 9 g                | 3%**    |
| Sugars                                                                                                                                                                                                                     | 9 g                |         |
| Vitamin A (as beta carotene)                                                                                                                                                                                               | 5,000 IU           | 100%    |
| Vitamin C (as ascorbic acid)                                                                                                                                                                                               | 300 mg             | 500%    |
| Vitamin D3 (as cholecalciferol)                                                                                                                                                                                            | 1000 IU            | 250%    |
| Vitamin E (as d-alpha tocopheryl succinate)                                                                                                                                                                                | 100 IU             | 333%    |
| Vitamin K2 (as menaquinone-4, menaquinone-7)                                                                                                                                                                               | 80 mcg             | 100%    |
| Thiamin (vitamin B1) (as thiamine HCl)                                                                                                                                                                                     | 25 mg              | 1667%   |
| Riboflavin (vitamin B2)                                                                                                                                                                                                    | 25 mg              | 1471%   |
| Niacin (as niacinamide)                                                                                                                                                                                                    | 25 mg              | 125%    |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                                                                                             | 25 mg              | 1250%   |
| Folate (as folic acid)                                                                                                                                                                                                     | 400 mcg            | 100%    |
| Vitamin B12 (as cyanocobalamin)                                                                                                                                                                                            | 1000 mcg           | 16,667% |
| Biotin                                                                                                                                                                                                                     | 100 mcg            | 33%     |
| Pantothenic Acid (as calcium pantothenate)                                                                                                                                                                                 | 25 mg              | 250%    |
| Calcium (as aminoate complex)                                                                                                                                                                                              | 100 mg             | 10%     |
| Iron (as aminoate complex)                                                                                                                                                                                                 | 4.5 mg             | 25%     |
| Iodine (from kelp)                                                                                                                                                                                                         | 150 mcg            | 100%    |
| Magnesium (as aminoate complex)                                                                                                                                                                                            | 50 mg              | 13%     |
| Zinc (as aminoate complex)                                                                                                                                                                                                 | 10 mg              | 67%     |
| Selenium (as aminoate complex)                                                                                                                                                                                             | 20 mcg             | 29%     |
| Copper (as aminoate complex)                                                                                                                                                                                               | 1 mg               | 50%     |
| Manganese (as aminoate complex)                                                                                                                                                                                            | 5 mg               | 250%    |
| Chromium (as picolinate)                                                                                                                                                                                                   | 25 mcg             | 21%     |
| Molybdenum (as aminoate complex)                                                                                                                                                                                           | 37.5 mcg           | 50%     |
| Potassium (as aminoate complex)                                                                                                                                                                                            | 5 mg               | <1%     |
| Nutrient Base (spirulina, ginseng [ <i>Panax ginseng</i> root], octacosanol)                                                                                                                                               | 350 mg             | †       |
| Enzyme Complex (bromelain [from pineapple fruit], papain [from papaya fruit], betaine HCl, apple pectin, amylase [from brown rice fermentation], lipase [from brown rice fermentation])                                    | 50 mg              | †       |
| Lipid Complex (black currant fruit, sunflower oil)                                                                                                                                                                         | 25 mg              | †       |
| Inositol                                                                                                                                                                                                                   | 25 mg              | †       |
| Bioflavonoid Complex (flavonols, flavonones, flavones, naringin, hesperidin and eriocitrin [8.8 mg] from <i>Citrus limon</i> exocarp], quercetin and rutin [from <i>Dimorphandra mollis</i> and <i>Sophora japonica</i> ]) | 20 mg              | †       |
| Choline (as bitartrate)                                                                                                                                                                                                    | 15 mg              | †       |
| PABA (para-aminobenzoic acid)                                                                                                                                                                                              | 5 mg               | †       |
| Plant Pigment Complex (chlorophyll [from spirulina], carotenoids)                                                                                                                                                          | 4 mg               | †       |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Fructose, guar gum, calcium carbonate, natural apple flavor, stearic acid, magnesium oxide, natural color (curcumin), magnesium stearate, silica, cinnamon, potassium iodide, natural vanilla flavor, microcrystalline cellulose, astragalus root, ligustrum berry, schisandra fruit, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf and rice bran.