

Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy, milk, rye, gluten and iodine.

DIRECTIONS: As a dietary supplement, two softgels once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Div. of **Natural Organics, Inc.**
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PRODUCT NO. 3048



Nature's Plus®

The Energy Supplements®

Multi-Vitamin & Mineral Dietary Supplement

NUTRI-GENIC®

SOFTGELS

FOR SENSITIVE PEOPLE

Hypo-Allergenic



90 Softgels



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

| | Amount Per Serving | %DV |
|---|--------------------|-------|
| Calories | 5 | |
| Calories from Fat | 5 | |
| Total Fat | 0.5 g | <1%** |
| Vitamin A (as beta carotene) | 10,000 IU | 200% |
| Vitamin C (as calcium ascorbate) | 500 mg | 833% |
| Vitamin D (as cholecalciferol) | 400 IU | 100% |
| Vitamin E (as d-alpha tocopheryl acetate) | 200 IU | 667% |
| Thiamin (vitamin B1) (as thiamine HCl) | 50 mg | 3333% |
| Riboflavin (vitamin B2) | 40 mg | 2353% |
| Niacin (as niacinamide) | 75 mg | 375% |
| Vitamin B6 (as pyridoxine HCl) | 50 mg | 2500% |
| Folate (as folic acid) | 400 mcg | 100% |
| Vitamin B12 (as cyanocobalamin) | 75 mcg | 1250% |
| Biotin | 50 mcg | 17% |
| Pantothenic Acid (as calcium pantothenate) | 75 mg | 750% |
| Calcium (as ascorbate) | 50 mg | 5% |
| Iron (as gluconate) | 10 mg | 56% |
| Magnesium (as gluconate complex) | 25 mg | 6% |
| Zinc (as gluconate) | 15 mg | 100% |
| Manganese (as gluconate) | 6 mg | 300% |
| Potassium (as citrate) | 10 mg | <1% |
| Inositol | 75 mg | † |
| Choline (as bitartrate) | 32 mg | † |
| Lemon Bioflavonoid Complex (from <i>Citrus spp.</i>) | 25 mg | † |
| Betaine HCl (from beet molasses) | 25 mg | † |
| Rutin (from <i>Sophora japonica</i> leaf) | 20 mg | † |
| PABA (para-aminobenzoic acid) | 15 mg | † |
| Papain (from <i>Carica papaya</i> fruit) | 10 mg | † |
| Hesperidin (from <i>Sophora japonica</i> leaf) | 5 mg | † |

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Safflower oil, lecithin (from sunflower), gelatin, magnesium oxide, glycerin, rice bran, natural color and purified water.