

**Nutritional Support for
Natural Energy Production.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, soy and milk.

DIRECTIONS: As a dietary supplement, one tablet daily, preferably with or directly after a meal.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PRODUCT NO. 1480



Vegetarian  Hypo-Allergenic

Nature's Plus®
The Energy Supplements®

Dietary Supplement
B-COMPLEX
with RICE BRAN



90 Tablets



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Thiamin (vitamin B1) (as thiamine HCl)	10 mg ...	667%
Riboflavin (vitamin B2)	10 mg ...	588%
Niacin (as niacinamide)	50 mg ..	250%
Vitamin B6 (as pyridoxine HCl)	10 mg ...	500%
Folate (as folic acid)	100 mcg ...	25%
Vitamin B12 (as cyanocobalamin)	10 mcg ...	167%
Biotin	20 mcg ...	7%
Pantothenic Acid (as calcium pantothenate)	15 mg ..	150%
Choline (as bitartrate)	50 mg ...	†
Inositol	50 mg ...	†
PABA (para-aminobenzoic acid)	10 mg ...	†

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, rice bran, vegetable cellulose, magnesium stearate and pharmaceutical glaze.

Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc., makers of **Nature's Plus**

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