

*Nutritional Support for
Healthy Elimination, Cleansing
and Overall Well-Being.**

Oat bran offers the highest percentage of soluble dietary fiber available in any food source. Nature's Plus OATS 'n HONEY supplies a delicious and convenient means of supplementing with oat bran and receiving all of the cleansing and health benefits fiber has to offer.

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, four wafers once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT NO. 1146



Nature's Plus®

The Energy Supplements®

**Oats'n
Honey**



**Chewable Wafers
Oat Bran Supplement**

180 Wafers

Supplement Facts

Serving Size 4 Chewable Wafers
Servings Per Container 45

Amount Per Serving	% Daily Value	
Calories	35	
Calories from Fat	9	
Total Fat	1 g	1% **
Total Carbohydrate	7 g	2% **
Sugars	4 g	†
Dietary Fiber	1 g	4% **
Oat Bran	3000 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, honey, fructose, vanilla, carob, magnesium stearate and silica.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com