

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Suggested Usage: Take 1 tablet daily with a meal.



Daily Vits™

Multi Vitamin & Mineral

- One Tablet Daily, 27 Nutrients
- With Lutein & Lycopene

100 Tablets

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (72% as Retinyl Palmitate and 28% as Beta-Carotene)	3,500 IU	70%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Ergocalciferol)	100 IU	25%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1) (from Thiamin HCl)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (Vitamin B-3) (as Niacinamide)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	10 mg	100%
Calcium (from Calcium Carbonate)	250 mg	25%
Iron (from Amino Acid Chelate)	9 mg	50%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide)	75 mg	19%
Zinc (from Amino Acid Chelate)	15 mg	100%
Selenium (from L-Selenomethionine)	35 mcg	50%
Copper (from Amino Acid Chelate)	1 mg	50%
Manganese (from Amino Acid Chelate)	2 mg	100%
Chromium (from AAC**) (Chelavite®)	60 mcg	50%
Molybdenum (from Sodium Molybdate)	35 mcg	47%
Potassium (from Potassium Chloride)	40 mg	1%

	Amount Per Serving	% Daily Value
Boron (from Boron Citrate)	150 mcg	†
Lutein (from Marigold Extract)	100 mcg	†
Lycopene (from Natural Tomato Extract)	100 mcg	†
Vanadium (from Vanadyl Sulfate)	10 mcg	†

† Daily Value not established.

Other ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Vitamin E from non-GMO soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

AAC** = Amino Acid Chelate

Chromium Chelavite® is a registered trademark of Albion Labs.

Do Not Eat Freshness Packet. Keep in Bottle.
Natural color variation may occur in this product.

Store in a cool, dry place after opening.
Please Recycle.



TABLET SIZE

CODE 3770C v9

