

**Suggested Usage:** Take 3 capsules daily as needed.

NOW® Menopause Support has recommended potencies of key ingredients that have been shown to support a healthy response to the natural changes occurring during menopause.\* This blend includes standardized herbal extracts and other nutrients which, together, form a truly well-balanced product for women.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication (including blood thinners) or have a medical condition. May cause drowsiness in sensitive individuals. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

CAPSULE SIZE

CODE 3325D V13



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# Menopause Support

Female Endocrine Support\*

- Soothing Herbal Blend\*
- Standardized Extracts

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 3 Veg Capsules Servings Per Container 30

### Amount Per Serving

|                                                                                                                                                      |         |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Dong Quai ( <i>Angelica sinensis</i> ) (Root)                                                                                                        | 200 mg* |
| Red Raspberry ( <i>Rubus idaeus</i> ) (Leaf)                                                                                                         | 100 mg* |
| Chaste Tree Extract ( <i>Vitex agnus castus</i> ) (Fruit)<br>(min. 0.25% Agnusides)                                                                  | 100 mg* |
| Red Clover ( <i>Trifolium pratense</i> ) (Tops)                                                                                                      | 100 mg* |
| Black Cohosh Extract ( <i>Actaea racemosa</i> ) (Root)<br>[Standardized to 2.5% total Triterpene Glycosides,<br>calculated as 27-Deoxyactein (2 mg)] | 80 mg*  |
| Soy Isoflavones (Non-GMO)                                                                                                                            | 60 mg*  |
| Wild Yam Extract ( <i>Dioscorea villosa</i> ) (Root)                                                                                                 | 50 mg*  |
| Licorice ( <i>Glycyrrhiza glabra</i> ) (Root)                                                                                                        | 50 mg*  |
| Ginger ( <i>Zingiber officinale</i> ) (Root)                                                                                                         | 50 mg*  |
| 5-HTP (5-hydroxytryptophan)<br>(from <i>Griffonia simplicifolia</i> Seed Extract)                                                                    | 30 mg*  |

\* Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source). Contains soy (non-GMO).

NOW FOODS, 395 S. Glen Ellyn Rd.  
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Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

