



Primary Care Women's Daily™

Multivitamin +
Whole Food Complex*

DIETARY SUPPLEMENT

60 Tablets

VEGETARIAN



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value**			
Vitamin A †	5000 IU	100%	Biotin †	150 mcg 50%
Vitamin C †	60 mg	100%	Pantothenic acid †	10 mg 100%
Vitamin D †	1600 IU	400%	Calcium (as calcium l-threonate) 50 mg	5%
Vitamin E †	30 IU	100%	Iron †	3 mg 17%
Vitamin K †	75 mcg	94%	Iodine †	75 mcg 50%
Vitamin K2	10 mcg	13%	Magnesium †	5 mg 1%
Thiamin (Vitamin B-1) †	1.7 mg	113%	Zinc †	7.5 mg 50%
Riboflavin (Vitamin B-2) †	1.7 mg	100%	Selenium †	50 mcg 71%
Niacin (Vitamin B-3) †	20 mg	100%	Copper †	0.7 mg 35%
Vitamin B-6 †	2 mg	100%	Manganese †	2 mg 100%
Folate †	400 mcg	100%	Chromium †	60 mcg 50%
Vitamin B-12 †	50 mcg	833%	Molybdenum †	10 mcg 13%

Mixed Carotenoids 500 mcg *

Organic Stress/Energy Support Blend 40 mg *

Organic Schisandra chinensis powder (fruits/seeds), Organic Maca powder (*Lepidium meyenii*) (root), Organic Chamomile powder (*Matricaria chamomilla*) (flowers)

Organic Hormone Support Blend 25 mg *

Organic Chasteberry powder (*Vitex agnus castus*) (fruit), Organic Red clover powder (*Trifolium pratense*) (flowers), Organic Raspberry leaf powder (*Rubus idaeus*)

Immune Support Blend 15 mg *

Elderberry extract (*Sambucus nigra* L.) (fruit/flower), Organic Eleuthero powder (*Eleutherococcus senticosus*) (rhizome), Organic Astragalus root powder (*Astragalus membranaceus* L.)

Organic Turmeric powder (*Curcuma longa*) (rhizome) 20 mg *

Organic Ginger root powder (*Zingiber officinale*) 20 mg *

* Daily Value not established

** Daily Values are based on a 2,000 calorie per day diet.

† Nutrients and herbs are cultured in organic media that may contain: *Saccharomyces cerevisiae* (organic yeast: active and inactive), *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes (deactivated)

Other Ingredients: Organic gum acacia, silicon dioxide, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin).

CONTAINS: Soybeans and trace amounts of milk.

SUGGESTED USE: Take 1 tablet daily as a dietary supplement or as directed by a qualified health care professional.

FREE OF: egg, fish, peanuts, tree nuts, wheat, sugar and artificial sweeteners, flavors, and colors.

CAUTION: If you are pregnant, nursing, or taking any medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1017-60

To refill contact your practitioner

or call 1-877-723-0777

or visit www.patientoneformulas.com

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