

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat,
Gluten Free, No Soy, No Dairy.
Conforms to USP <2091> for weight.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.



The Spectra™ Total ORAC mark and logo are trademarks of VDF FutureCeuticals, Inc. used under license.

ACTUAL SIZE



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.

✓ WOMEN'S HEALTH

Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health and iron for energy support and muscle function.*

✓ HEART

Supports heart health and cardiovascular function.*

✓ BONE

Includes nutrients essential for building and maintaining healthy bones.*

✓ BEAUTY

Packed with antioxidants to defend against cell aging and lutein for skin hydration.*

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!



GLUTEN
FREE



NON
GMO



VEGETARIAN

GNC
SUPERFOODS

ULTRA MEGA® GREEN Women's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED
MULTIVITAMIN

• Heart • Bone • Beauty

CLINICALLY STUDIED



120 CAPLETS

CODE Z0332

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

KPG

Supplement Facts

Serving Size Two Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%	Antioxidant Blend	100 mg *
Vitamin C	100 mg 167%	Spectra™ Total ORAC Blend of: Green Coffee	
Vitamin D	1000 IU 250%	Extract, Broccoli Sprout Powder, Green Tea	
Vitamin E	30 IU 100%	Extract, Onion Extract, Apple Extract, Acerola	
Vitamin K	80 mcg 100%	Extract, Camu Camu Extract, Quercetin, Tomato	
Thiamin (Vitamin B-1)	5 mg 333%	Powder, Broccoli Powder, Acai Fruit Powder,	
Riboflavin (Vitamin B-2)	5 mg 294%	Turmeric Root Extract, Garlic Powder, Basil Leaf	
Niacin	25 mg 125%	Powder, Oregano Leaf Powder, Cinnamon Bark	
Vitamin B-6	25 mg 1250%	Powder, Elderberry Fruit Powder, Carrot Powder,	
Folic Acid	400 mcg 100%	Mangosteen Fruit Powder, Black Currant Fruit	
Vitamin B-12	150 mcg 2500%	Extract, Blueberry Fruit Extract, Sweet Cherry	
Biotin	300 mcg 100%	Fruit Powder, Blackberry Fruit Powder,	
Pantothenic Acid	25 mg 250%	Chokeberry Fruit Powder, Raspberry Fruit	
Calcium	50 mg 5%	Powder, Spinach Leaf Powder, Kale Leaf Powder,	
Iron	18 mg 100%	Bilberry Fruit Extract, Brussels Sprout Powder	
Iodine	150 mcg 100%	Lycopene (from Tomato)	1 mg *
Magnesium	25 mg 6%	Zeaxanthin (as Zeaxanthin Isomers)	400 mcg *
Zinc	20 mg 133%	Women's Health & Beauty Blend	17 mg *
Selenium	200 mcg 286%	Cranberry Fruit Extract, Horse Chestnut Seed,	
Copper	2 mg 100%	Lutemax 2020™ Lutein	
Manganese	2 mg 100%	Digestive Health & Comfort Blend	20 mg *
Chromium	120 mcg 100%	Ginger Root Extract (5% Gingerols = 0.50 mg)	
Molybdenum	75 mcg 100%	Cellulase, Bromelain, and Papain	

* Daily Value not established.

Other Ingredients: Cellulose, Ferrous Sulfate HPC¹, Nicotinamide², Ascorbic Acid³, Calcium Carbonate, Calcium Ascorbate, Zinc Oxide⁴, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate⁵, Stearic Acid Vegetable Source, Magnesium Oxide, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate⁶, Magnesium Stearate Vegetable Source, Manganese Sulfate⁷, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Zinc Oxide, Riboflavin⁸, Ergocalciferol, Pyridoxine Hydrochloride⁹, Vitamin A Palmitate¹⁰, Thiamine Hydrochloride¹¹, Nicotinamide, Phytanadione, Phytanadione¹², Magnesium HPC¹³, Folic Acid¹⁴, Potassium Iodide, Thiamine Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin¹⁵, Sodium Selenate¹⁶, Copper Sulfate, Chromium Chloride¹⁷, Folic Acid, Sodium Molybdate¹⁸, Molybdenum HPC¹⁹, Cyanocobalamin²⁰, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic, and Maltodextrin)

²HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.