

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Artificial Sweeteners, No Wheat, Gluten Free, No Soy, No Dairy.

Conforms to USP <2091> for weight.

Lutemax™
LUTEIN &
ZEAXANTHIN
2020

Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

Spectra™
TOTAL ORAC

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are trademarks of VDF FutureCeuticals,
Inc. used under license.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.



ULTRA MEGA® GREEN

Whole Food Enhanced Multivitamin

Made with cultured vitamins and
minerals, clinically studied ingredients
and fruits and vegetables.



MEN'S PERFORMANCE

Contains vitamins and minerals essential
for both optimal health and athletic
performance.*



ENERGY

Features ginseng plus B vitamins essential
for energy production.*



ANTIOXIDANTS

Packed with antioxidants from fruits and
vegetables to minimize the effects of free
radicals that can be produced by intense
exercise.*



DIGESTION

Helps you digest key nutrients for the
energy you need to support your fit and
active lifestyle.*



* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!

Gf

GLUTEN
FREE

LF

NON
GMO

V

VEGETARIAN

GNC
SUPERFOODS

ULTRA MEGA® GREEN Men's Sport

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN

• Energy • Antioxidants • Digestion

CLINICALLY STUDIED



60 CAPLETS

CODE 203011

DIRECTIONS: As a dietary supplement, take 2 caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A.....	5000 IU.....100%
Vitamin C.....	180 mg.....300%
Vitamin D.....	1000 IU.....250%
Vitamin E.....	30 IU.....100%
Vitamin K.....	80 mcg.....100%
Thiamin (Vitamin B-1).....	30 mg.....200%
Riboflavin (Vitamin B-2).....	30 mg.....1765%
Niacin.....	30 mg.....150%
Vitamin B-6.....	30 mg.....1500%
Folic Acid.....	400 mcg.....100%
Vitamin B-12.....	250 mcg.....4167%
Biotin.....	350 mcg.....117%
Pantothenic Acid.....	25 mg.....250%
Calcium.....	125 mg.....13%
Iodine.....	150 mcg.....100%
Magnesium.....	50 mg.....13%
Zinc.....	20 mg.....133%
Selenium.....	75 mcg.....107%
Copper.....	2 mg.....100%
Manganese.....	2 mg.....100%
Chromium.....	120 mcg.....100%
Molybdenum.....	75 mcg.....100%
Chloride.....	47 mg.....1%
Potassium.....	52 mg.....1%

Fruit & Vegetable Antioxidant Blend.....100 mg.....*

Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder.

Lyopene (from Tomato).....1 mg.....*

Lutemax 2020™ Lutein.....2 mg.....*

Boron.....900 mcg.....*

Zeaxanthin (as Zeaxanthin Isomers).....400 mcg.....*

Sports Blend.....70 mg.....*

Red Beet Root Juice Powder (Beta vulgaris)

Rhodiola rosea Root Extract (3% Rosavins = .75 mg)

Turmeric Root Extract (Curcuma longa)

(95% Curcuminoids = 9.5 mg)

Ginseng Root Extract (Panax ginseng)

(3% Ginsenosides = 0.3 mg)

Digestive Health & Comfort Blend.....20 mg.....*

Ginger Root Extract (Zingiber officinalis), Cellulase, Pepsin, Bromelain

Creatine Precursor Blend.....15 mg.....*

Glycine, Guanidinosuccinic Acid, L-Methionine

* Daily Value not established.

Other Ingredients: Cellulose, Calcium Carbonate, Calcium Ascorbate, Nicotinamide¹, Ascorbic Acid¹, Potassium Chloride, Magnesium Oxide, Zinc Oxide¹, d-alpha Tocopherol, Stearic Acid, Vegetable Source, Dicalcium Phosphate, d-Calcium Pantothenate¹, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Methylcobalamin, Magnesium Stearate, Vegetable Source, Copper Sulfate¹, Manganese Sulfate¹, Calcium d-Pantothenate, beta-Carotene, Boron HPC², Zinc Oxide, Riboflavin¹, Ergocalciferol, Nicotinamide, Pyridoxine Hydrochloride¹, Magnesium HPC², Vitamin A Palmitate¹, Thiamine Hydrochloride¹, Selenium Yeast, Phytanadione, Phytanadione¹, Folic Acid¹, Potassium Iodide, Biotin, Chromium Chloride, Biotin¹, Sodium Selenate¹, Copper Sulfate, Chromium Chloride¹, Folic Acid, Sodium Molybdate¹, Molybdenum HPC², Cyanocobalamin¹, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

¹Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Pepsin, Bromelain, Gum Arabic, and Maltodextrin)

²HPC (Hydrolyzed Protein Chelate)