

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS ONE TO TWO TIMES DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving	%Daily Value
Calories	25
Calories from Fat	20
Total Fat	2.5 g
Saturated Fat	0.5 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	0.5 g
Cholesterol	15 mg
Protein	<1 g
Fish Oil	2,400 mg (2.4 g)
provides 720 mg of Total Omega-3 Fatty Acids† comprising of:	****
EPA (Eicosapentaenoic Acid)	****
DHA (Docosahexaenoic Acid)	****
Other Fatty Acids	****

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

Product of Peru

Sundown
Naturals[®]

EXTRA STRENGTH Fish Oil

1200 MG *Provides 360 mg
of Omega-3*

**May Reduce the
Risk of Coronary
Heart Disease****
(See side panel)

PURIFIED
TO ELIMINATE
MERCURY, PCBs
AND DIOXINS

90 SOFTGELS DIETARY SUPPLEMENT

Smart Facts

Omega-3 fatty acids are "good fats" which help to balance the "bad fats" in your diet. By helping to balance the bad fats in your diet, Omega-3s, such as EPA and DHA, play an important role in supporting the immune system, as well as helping to maintain circulatory and metabolic health.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Sundown Naturals' Fish Oil provides 720 mg total of EPA, DHA and other omega-3 fatty acids. See nutrition information for total fat, saturated fat and cholesterol content.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE
AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.**

Questions? Call toll free 1-888-VITAHLP (848-2435)
or visit us at www.sundownnaturals.com

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