

Vitamins to go!

Sundown
Naturals

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Each Sundown Naturals' VITAMINS TO GO® Packet For Women includes these important nutrients:

- The Antioxidants **Beta-Carotene, Vitamins E and C**
- **Calcium for bones and Vitamin D to promote calcium absorption***
- **B-Maxi Complex**

Sundown Naturals' VITAMINS TO GO® is specially formulated to support:

- Strong Bones*
- Healthy Heart & Circulation*
- Breast Health*
- Energy Metabolism*
- Immune System Health*
- Radiant Skin*
- Antioxidant Support*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

**30 INDIVIDUAL
DAILY PACKETS**

**Specially Formulated for
WOMEN**

TO PROMOTE:

- **Strong Bones***
- **Healthy Heart & Circulation***
- **Breast Health***
- **Energy Metabolism***
- **Immune System Health***
- **Radiant Skin***
- **Antioxidant Support***

Not Actual Size

**30 INDIVIDUAL
DAILY PACKETS**

DIETARY
SUPPLEMENT

Vitamins to go!

**Smart
Facts**

Sundown
Naturals' VITAMINS TO GO® makes it easy to stay healthy.* No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.

Sundown Naturals' VITAMINS TO GO®

is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for office, school or sports. Just take along the number of packets you will need and put them in your pocket, purse or briefcase.

Sundown Naturals' VITAMINS TO GO® for Women is a special combination of many nutrients women need to support good health.*

**30 INDIVIDUAL
DAILY PACKETS**

Sundown Naturals' Vitamin E 100 IU (1 Softgel):
Vitamin E is an antioxidant that helps promote a healthy heart.* It helps fight free radical damage that may lead to the premature aging of cells and works with Vitamin C and Beta-Carotene to provide antioxidant support.* Vitamin E helps maintain a healthy circulatory system and is an essential nutrient important for health.*

Sundown Naturals' B-Maxi Complex (1 Tablet):
The B-Complex Vitamins are essential in maintaining healthy nerves, skin and muscles.* They are required for the proper metabolism of carbohydrates, fats and proteins.*

Sundown Naturals' C-500% DV All Inclusive Complex (1 Tablet):
Vitamin C is essential for the growth and maintenance of tissues and organs.* Vitamin C acts as an antioxidant to help support healthy cells and body systems.* Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.*



Sundown Naturals' Beta-Carotene (1 Softgel):
As a source of Vitamin A, this important antioxidant helps support cellular health.* It contributes to healthy eyes and skin.* Beta-Carotene also promotes immune function.*

Sundown Naturals' Calcium 600 + D (1 Tablet):
Calcium promotes strong bones and healthy teeth.* It is required for proper transmission of nerve impulses and heartbeat regulation.* Calcium is an important factor in blood clotting.* Vitamin D helps enhance calcium absorption.*

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	<1 g <1%**
Vitamin A (100% as Beta-Carotene)	10,000 IU 200%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as Cholecalciferol)	125 IU 31%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU 333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg 1,000%
Riboflavin (Vitamin B-2)	17 mg 1,000%
Niacin (as Niacinamide)	200 mg 1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg 1,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg 1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg 1,000%
Calcium (as Calcium Carbonate, Dicalcium Phosphate)	648 mg 65%
Phosphorus	37 mg 4%
Sodium	10 mg <1%
Bioflavonoid Blend	82 mg
Citrus Bioflavonoids (Citrus sinensis) (fruit) and (Citrus limon) (fruit),***	
Rose Hips and Seeds,***	
Rutin,***	
Acerola Extract 4:1 (Malpighia glabra and/or punicifolia) (fruit)***	
Vitamin Co-Factor Blend	3 mg
Choline Bitartrate,***	
Para-Aminobenzoic Acid (PABA),***	
Inositol***	

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Vegetable Glycerin, Calcium Silicate, Corn Oil, Vegetable Magnesium Stearate, Yellow Beeswax, Silica, Titanium Dioxide Color, Soy Lecithin, FD&C Yellow No. 6 Lake.

Directions: For adult women, take one (1) packet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF OUTER WRAP IS TORN OR MISSING.



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