

**DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE AT BEDTIME AS MELATONIN MAY PRODUCE DROWSINESS.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Calcium (as Calcium Carbonate)	100 mg	10%
Magnesium (as Magnesium Oxide)	50 mg	13%
Valerian Root ( <i>Valeriana officinalis</i> )	100 mg	**
Hops ( <i>Humulus lupulus</i> ) (flower)	75 mg	**
Skullcap ( <i>Scutellaria lateriflora</i> ) (aerial)	75 mg	**
Chamomile ( <i>Matricaria recutita</i> ) (flower)	75 mg	**
Passion Flower ( <i>Passiflora incarnata</i> ) (aerial)	50 mg	**
Inositol	50 mg	**
L-Taurine	50 mg	**
Melatonin	3 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Magnesium Stearate, Silica.

Questions? Call toll free 1-888-VITAHHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

**Sundown**  
*Naturals*<sup>®</sup>

**SUPER SNOOZE**

# Melatonin Formula

*Wake up Refreshed*  
*Contains Natural Herbal Ingredients*

**Promotes Restful Sleep\***

**90 CAPSULES**

**DIETARY SUPPLEMENT**

### Smart Facts

Super Snooze Melatonin Formula works in harmony with your natural sleep cycle to give you the tranquil rest you deserve, so you can awaken feeling refreshed.\* Each capsule combines Melatonin with Valerian, Hops, Chamomile and other natural herbs. Super Snooze Melatonin Formula is a terrific choice for people experiencing occasional sleeplessness, those with jet lag, or anyone seeking to improve their quality of rest.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Manufactured by REXALL SUNDOWN, INC.  
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