

VALUE SIZE

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**DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES TWICE DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 125

| Amount Per Serving                                                                                             | %Daily Value |    |
|----------------------------------------------------------------------------------------------------------------|--------------|----|
| Milk Thistle Extract<br>( <i>Silybum marianum</i> ) (seed)<br>Standardized to contain 80%<br>Silymarin, 192 mg | 240 mg       | ** |
| XTRA Premium Blend®                                                                                            | 560 mg       |    |
| Dandelion ( <i>Taraxacum officinale</i> ) (root)                                                               |              | ** |
| Fennel ( <i>Foeniculum vulgare</i> ) (seed)                                                                    |              | ** |
| Licorice ( <i>Glycyrrhiza glabra</i> ) (root)                                                                  |              | ** |

\*\*Daily Value not established.

Other Ingredient: Gelatin.

Manufactured by REXALL SUNDOWN, INC.  
Boca Raton, FL 33487 USA

**Sundown**  
*Naturals*®

# Milk Thistle

**XTRA**®

With Dandelion, Fennel and Licorice

**240 MG**  
PER SERVING

Standardized  
Herb

**Promotes Healthy  
Liver Function\***

**250 CAPSULES** HERBAL SUPPLEMENT

**Smart  
Facts**

Milk Thistle helps to support the liver and maintain healthy liver function.\* It contains silymarin, a flavonoid with antioxidant activity that helps support the structure of the outer cell membrane of liver cells.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**



Questions? Call toll free 1-888-VITAHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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