

# Vitamins to go!®

**MAXIMUM**

## Vitamins to go!

### EACH PACKET CONTAINS

Sundown Naturals® High Potency Multi (Caplet):  
A high potency and intense supplement with over 20 nutrients and vitamins.

Sundown Naturals® C Traded Release

Plus Rose Hips (Caplet)

Vitamin C is essential for the growth and maintenance of skin, bones and organs.\* Vitamin C acts as an antioxidant and helps promote healthy immune function.\* Vitamin C is a key component of collagen and provides support for proper wound healing.\* Formulated to release over a prolonged period of time.

Sundown Naturals® E (Softgels)

Vitamin E is an antioxidant that helps promote a healthy heart.\* It helps fight free radicals in the body. It also works with Vitamin C and Beta-Carotene to provide antioxidant support.\* Vitamin E is a key component of a healthy circulatory system and is an essential nutrient important for health.\*

Sundown Naturals® Calcium + D (Chelated Caplet):  
Calcium promotes strong bones and healthy teeth.\* It is required for proper transmission of nerve impulses and muscle contraction.\* Vitamin D helps promote calcium absorption.\*

Sundown Naturals® Vitamin D (Softgels)

Vitamin D supports normal antibody production by the immune system.\* An analysis of 5 studies comparing the effects of Vitamin D3 at 400 IU up to 2000 IU per day could promote colon health.\* Recent evidence also indicates that Vitamin D may help reduce the risk of the development of the pancreas.\* Vitamin D3 is a more potent and active form compared to D2.

Sundown Naturals® Green Tea (Caplets)

The polyphenols in green tea are believed to be primarily responsible for the herb's positive actions on cardiovascular health and immune function.\* Our Green Tea supplement contains EGCG, a type of Polyphenol, one of the active constituents in this herb. EGCG and other EGCGs are powerful antioxidants that help fight against cell-damaging free radicals in the body.\*

**30 INDIVIDUAL DAILY PACKETS**

# Sundown Naturals®

# Vitamins to go!®

**MAXIMUM**

Now with  
MORE  
Vitamin D3



**30 INDIVIDUAL DAILY PACKETS**

DIETARY  
SUPPLEMENT

## Vitamins to go!

### Smart Facts

Sundown Naturals®  
**VITAMINS TO GO®**  
Maximum is specially  
formulated to support your  
needs, including:

- **Healthy Heart\***
- **Energy Metabolism\***
- **Hair & Skin Health\***
- **Muscle & Bone Health\***
- **Healthy Immune System\***
- **Healthy Eyes\***
- **Healthy Immune System\***

Sundown Naturals® VITAMINS TO GO® makes it easy to stay healthy.\* No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.\*

Sundown Naturals® VITAMINS TO GO® is perfect for anyone on the go. It is great for the day morning rush, travelers, handy for the office, school or sports. Just take along the number of packets you will need and put them in your briefcase, purse or pocket.

Sundown Naturals® VITAMINS TO GO® Maximum is a special combination of many nutrients you need to support good health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**30 INDIVIDUAL DAILY PACKETS**



Prod. No. 45411 06F

B32883  
(30274, 4070, 50402, 4030, 18166, 19934)  
FAZ (6/2010)

0 30768 03725 3

Part No. 22-45411

### Supplement Facts

Serving Size 1 Packet

Amount Per Serving %Daily Value

Vitamin A	2,500 IU	50%
Vitamin C	1,000 mg (1 g)	1,600%
Vitamin D (as Cholecalciferol)	1,000 IU	1,600%
Vitamin E (as Tocopherol Acetate)	450 IU	1,500%
Vitamin K (as Phylloquinone)	30 mg	38%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2) (as Riboflavin)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg	100%
Calcium (as Calcium Phosphate)	400 mg	100%
Zinc (as Zinc Carbonate)	25 mg	417%
Iron (as Ferrous Sulfate)	30 mg	100%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg	100%
Chromium (as Chromium Picolinate)	100 mcg	6%
Phosphorus (as Calcium Phosphate)	20 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	90 mg	13%
Beta-carotene (as Beta-Carotene)	11 mg	79%
Selenium (as Sodium Selenite)	55 mcg	79%
Copper (as Cupric Sulfate)	0.5 mg	35%
Manganese (as Manganese Sulfate)	2.3 mg	115%
Chromium (as Chromium Picolinate)	45 mcg	38%
Vanadium (as Vanadium Picolinate)	45 mcg	60%
Choline (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boron Acid and Sodium Borate)	150 mcg	2%
Nickel (as Nickel Sulfate)	5 mcg	11%
Silicon (as Silicon Dioxide)	2 mg	11%
Veratrum (as Sodium Veratrinate)	10 mg	11%
Lutein	250 mcg	11%
Lycopene	300 mcg	11%
Genistein Extract (Camellia sinensis) (leaf)	600 mg	11%

\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Water, Propylene Glycol, Lecithin, Magnesium Stearate, Vegetable Stearic Acid, Croscarmellose, Titanium Dioxide Color, Rice Flour, Beeswax, FD&C Blue No. 2 Lake, FD&C Yellow No. 6 Lake, FD&C Red No. 40 Lake.

Contains fish, shellfish, haddock, hake, cusk, redfish, sole, (angler) ingredients.

**Directions:** For adults, take one (1) packet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish.**

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.**

**TAMPER RESISTANT: DO NOT USE IF OUTER WRAP IS MISSING OR TORN.**

Questions? Call toll free  
**1-888-VITAHLP**  
(848-2435) or visit us at  
[www.sundownnaturals.com](http://www.sundownnaturals.com)

Manufactured by  
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