

100% Pure Creatine Monohydrate

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INCREASE LEAN MUSCLE MASS* • LONGER WORKOUTS*

CreaLean™ 100% Creatine Monohydrate

contains only pure pharmaceutical grade German creatine monohydrate. Research shows that oral administration of creatine, several times daily, increases muscle stores of creatine by as much as 50%, resulting in lean body mass gains.*

Creatine supplementation may also increase muscle torque production, reduce plasma ammonia, and aid muscle fiber in maintaining a higher phosphocreatine level, resulting in the ability to sustain higher workout intensity levels for longer periods of time.*

Quality Guarantee Seal

Every LABRADA product is tested by an independent lab for purity and potency. Only then does it earn this seal. With LABRADA products you get what you pay for.



100 SERVINGS

CREA LEAN

STRENGTH

100% Pure Creatine Monohydrate

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Dietary Supplement • Net Wt. 1lb 1oz (500g)

Directions: Take one scoop (approximately 5g) mixed with water or juice one to two times daily. Do not exceed recommended dose. Drink plenty of water every day when supplementing creatine. Store in a cool dry place. Protect from heat, light, and moisture.

Always consult your doctor before using any dietary supplement. Do not use if you are pregnant, nursing or have liver or kidney problems.

Supplement Facts

Serving Size: 5g (1 scoop)
Servings Per Container: 100

	Amount Per Serving	%Daily Value
Creatine Monohydrate	5,000mg	†

† Daily Values not established.

Developed by and Manufactured for:

LABRADA
NUTRITION

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Questions or Comments?
Call 1-800-832-9948

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KEEP OUT OF
REACH OF CHILDREN

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100% Pharmaceutical Grade