

**DIRECTIONS: FOR ADULTS, TAKE ONE (1) MICROLOZENGE DAILY. PLACE MICROLOZENGE UNDER TONGUE FOR 30 SECONDS BEFORE SWALLOWING.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	%Daily Value
Vitamin B-12 • 500 mcg (as Cyanocobalamin)	8,333%

**Other Ingredients:** Mannitol, Crospovidone, Natural Cherry Flavor. Contains <2% of: Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

**No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish.** Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Sundown  
Naturals®  
SUBLINGUAL**

# B12

**500 MCG** *Delicious NATURAL  
Cherry Flavor* 

**Promotes Energy Metabolism  
and Nervous System Health\***

VEGETARIAN FORMULA  
90 MICROLOZENGES VITAMIN SUPPLEMENT

### Smart Facts

Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.\* There is no question about it. A good diet contributes to optimal health, but sometimes stress, fast food meals and eating on the run can have nutritional consequences. One way to ensure that you are getting your Daily Values for B Vitamins is to take dietary supplements.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**



Questions? Call toll free 1-888-VITAHHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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