

Daily



Strength



Recovery

Introducing GNC Pro Performance® AMP Concentrated Intelligent Release Series, featuring revolutionary new formulas with performance-enhancing, clinically studied ingredients developed to change the way nutrients work to amplify your performance.



OT™ – THE EXCLUSIVE GNC ADVANTAGE

GNC's breakthrough Optimal Timing Technology (OT™) is an exclusive innovation that enhances ingredients to control their release. Just one concentrated scoop of Pro Performance® AMP Amplified Push™ gives an immediate burst plus a 6 hour release to fuel muscles. No other products are engineered with this technology.

NITRO-FACTOR™ – MAXIMIZE MUSCLE BUILDING!

The full muscle building potential of a GNC product is based on its total nitrogen content – so the more nitrogen a product has, the stronger it will perform. Pro Performance® AMP Amplified Push™ with a Nitro-Factor™ of 22 grams helps fuel performance and anabolism.*

STACK WITH: Pro Performance® AMP Amplified Strength™, Amplified Recover™, Amplified Wheyabolic Extreme 60™.

*When used in conjunction with an exercise program.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SCAN & LEARN MORE

GNC
PRO PERFORMANCE®
AMP

NEW

AMPLIFIED
PUSH™

CONCENTRATED INTELLIGENT RELEASE

CLINICALLY RESEARCHED

- Immediate & 6 Hour Release OT²™ Leucine for an Extended Anabolic Supply + 16g BCAA*
- Activates Muscle Growth† Signals & Combats Catabolic Effects*
- 10g Leucine Stimulates mTor Activation to Unlock Maximum Protein Synthesis*



NITRO-FACTOR | 22G™

OT² OPTIMAL TIMING TECHNOLOGY™

BLUE RASPBERRY

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 14.88 oz (422 g)

CODE 386219

DIRECTIONS: As a dietary supplement, mix 1-2 scoops with 8 fl. oz. of water daily. For maximum results, take two scoops in the morning and immediately post training.

Exercise	Daily Dose	Nitro-Factor™	BCAA (g)	Benefit
Light Exercise (1-2 times per week)	1 scoop with or between meals	11	8	Meets most protein needs & fuel metabolism*
Moderate Exercise (2-4 times per week)	2 scoops after exercise, with or between meals	22	16	Fuels muscles, metabolism & lean muscle mass and supports recovery**
Moderate to Intense Exercise (4 or more times per week)	2 scoops in morning, 2 scoops post training	44	32	Improves muscle strength, stamina and size, with a 30% increase in muscle strength**

*An 8 week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary molecule of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.

Supplement Facts

	1 Scoop (16.25 g)		2 Scoops (32.5 g)	
	26		53	
Amount Per Serving	% Daily Value		% Daily Value	
Calories	35		70	
Calories from Fat	5		10	
Total Fat	0.5 g	1%	1 g	2%
Saturated Fat	0.5 g	3%	1 g	5%
Cholesterol	<5 mg	1%	5 mg	2%
Total Carbohydrate	2 g	1%	5 g	2%
Sugars	0 g	*	<1 g	*
Protein	5 g	*	10 g	*
Calcium	20 mg	2%	40 mg	4%
Sodium	40 mg	2%	80 mg	3%
Potassium	30 mg	1%	60 mg	2%
Leucine (as L-Leucine, OT™ L-Leucine, Whey Protein Isolate)	5 g	*	10 g	*
Isoleucine (as L-Isoleucine, Whey Protein Isolate)	1.5 g	*	3 g	*
Valine (as L-Valine, Whey Protein Isolate)	1.5 g	*	3 g	*
L-Carnitine (as L-Carnitine Tartrate)	250 mg	*	500 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Natural and Artificial Flavors, Malic Acid, Hydrogenated Vegetable Oil (contains one or more of the following oils: soybean, palm and cottonseed), Citric Acid, Monoglycerides, Lecithin, Salt, Sucralose, FD&C Blue #2.

*Dg from fat.

CONTAINS: Milk and Soybeans.

NOTICE: Significant product settling may occur.

INFORMED-CHOICE
ORG
Trusted by sport

Products bearing this logo have been tested for banned substances by WFL Sport Science, a world-class anti-doping lab. *Product was tested for over 140 banned substances on the 2012 World Anti-Doping Agency (WADA) Prohibited List via HPL (High Performance Liquid Chromatography) lot testing protocol #PC10017. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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