

Suggested Usage: Take 1 capsule daily with a meal.

Although Vitamin K is historically known for its role in normal blood clotting function, we now know that Vitamin K is also essential to bone, cardiovascular, and nervous system health.* As a biologically active form of Vitamin K, K-2 is important for the formation of healthy, strong bone matrix.* Vitamin K's role in arterial health revolves around its ability to support proper calcium metabolism in vascular structures.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially anti-coagulant drugs such as warfarin, Coumadin®, heparin), or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

CAPSULE SIZE

CODE 0990 VS



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Vitamin K-2

100 mcg

Supports Bone Health*

- Biologically Active Form*
 - Supports Proper Calcium Metabolism*
 - With 300 mg of Alfalfa
- ## 100 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	2 mg	3%
Vitamin K ₂ (as Menaquinone)	100 mcg	125%
Alfalfa Powder	300 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.
Please Recycle.

