



PRO PERFORMANCE[®] **ADVANCED**
AMP **MUSCLE**
PERFORMANCE

Micronized protein + amino acids

AMPLIFIED 100% WHEY PROTEIN

Dietary supplement



Daily



Power



Strength



Recovery

Clinically Researched

CHOCOLATE

Natural + artificial flavors

10 PACKETS
NET WT 0.8 LB (12.9 OZ) 365 G



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DIRECTIONS: As a dietary supplement, add one packet (36.5g) of Pro Performance[®] AMP Amplified 100% Whey Protein to 7-8 fl. oz. cold water and blend well. For maximum results, take twice daily.

Supplement Facts

Serving Size One Packet (36.5g)

Servings Per Container 10

Amount Per Serving	% Daily Value
Calories	130
Calories from Fat	20
Total Fat	2 g 3%†
Saturated Fat	1 g 5%†
Cholesterol	55 mg 18%
Total Carbohydrate	8 g 3%†
Dietary Fiber	3 g 12%†
Sugars	2 g *
Protein	20 g
Calcium	90 mg 9%
Sodium	210 mg 9%
Potassium	280 mg 8%
Micronized Amino Acids	8 g *
Leucine (as Micronized L-Leucine, Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Peptides), Glutamine (as Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Peptides)	
Tri-MG™	1.25 g *
Betaine (as Betaine Anhydrous)	
Amino Acceleration System	100 mg *
BioCore Edge™ Blend (Protease [from <i>Aspergillus oryzae</i> , <i>Aspergillus niger</i> and <i>Aspergillus mellesus</i>], Peptidase [from <i>Aspergillus oryzae</i>])	

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Values not established.

OTHER INGREDIENTS: Protein Blend (Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Peptides), Cocoa (Processed with Alkali), Sunfiber[®] Partially Hydrolyzed Guar Gum, Natural and Artificial Flavors, Polyethylene Glycol, Lecithin, Polydextrose, Salt, Potassium Chloride, Acesulfame Potassium, Sucralose.

CONTAINS: Milk, Soybeans and Wheat.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

BioCore Edge™ is a trademark of National Enzyme Company.

Sunfiber[®] is a registered trademark of Taiyo International, Inc. Use of Sunfiber[®] is protected by US Trademark Registration No. 2,930,937.

Why is Amplified 100% Whey Protein Better than Regular Whey?

Think ordinary whey protein is good enough? Think again. Amplified 100% Whey Protein features technology-enhanced protein with hydrolysates clinically proven to deliver more amino acids into the blood stream – better and faster than regular whey! The result...more amino acids are available for muscle fuel! These critical amino acids support athletic strength, performance, endurance and recovery.*

Amplified 100% Whey Protein Evolution

What makes this protein AMPLified? Using cutting-edge technology and top notch research and development principles, this protein was designed to be the new champion of the whey protein category.

* When used in conjunction with a resistance training program.

* In a randomized, double blind, controlled cross-over study of 16 healthy male volunteers, subjects experienced significantly higher maximum concentrations of Total Amino Acids, Branched Chain Amino Acids and Leucine one hour post-ingestion of two servings of the protein blend in GNC Pro Performance[®] AMP Amplified 100% Whey Protein relative to amino acid concentrations measured post-ingestion of whey protein concentrate. Significant differences for the Rate of Change of BCAA and leucine absorption were also observed relative to the control group.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.