



Primary Care Men's Daily™

Multivitamin +
Whole Food Complex*

DIETARY SUPPLEMENT

60 Tablets
VEGETARIAN



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value**			
Vitamin A †	5000 IU	100%	Biotin †	150 mcg 50%
Vitamin C †	60 mg	100%	Pantothenic acid †	10 mg 100%
Vitamin D †	1600 IU	400%	Calcium	20 mg 2%
Vitamin E †	30 IU	100%	(as Calcium Lithothamnion)	
Vitamin K †	75 mcg	94%	Iodine †	75 mcg 50%
Vitamin K2	10 mcg	13%	Magnesium †	5 mg 1%
Thiamin (Vitamin B-1) †	1.7 mg	113%	Zinc †	15 mg 100%
Riboflavin (Vitamin B-2) †	1.7 mg	100%	Selenium †	75 mcg 107%
Niacin (Vitamin B-3) †	20 mg	100%	Copper †	1.4 mg 70%
Vitamin B-6 †	2 mg	100%	Manganese †	1 mg 50%
Folate †	200 mcg	50%	Chromium †	75 mcg 63%
Vitamin B-12 †	50 mcg	833%	Molybdenum †	10 mcg 13%

Mixed Carotenoids 500 mcg *

Organic Stress/Energy Support Blend 50 mg *

Organic Schisandra chinensis powder (fruit/seeds), Organic Maca powder (Lepidium meyenii) (root), Organic Chamomile powder (Matricaria chamomilla) (flowers)

Cardio Support Blend 20 mg *

Organic Fenugreek seed powder (Trigonella foenum-graecum), Organic Oregano powder (Origanum vulgare) (leaf), Organic Hawthorne powder (Crataegus oxyacantha) (leaf), Grapeseed extract (Vitis vinifera) [Std to 95% Polyphenols]

Immune Support Blend 15 mg *

Elderberry extract (Sambucus nigra L.) (fruit/flower), Organic Eleuthero powder (Eleutherococcus senticosus) (rhizome), Organic Astragalus root powder (Astragalus membranaceus L.)

Organic Turmeric powder (Curcuma longa) (rhizome) 20 mg *

Organic Ginger root powder (Zingiber officinale) 20 mg *

* Daily Value not established

** Daily Values are based on a 2,000 calorie per day diet.

† Nutrients and herbs are cultured in organic media that may contain: Saccharomyces cerevisiae (organic yeast: active and inactive), Lactobacilli (L. acidophilus, L. bifidus, L. rhamnosus) and enzymes (deactivated).

Other Ingredients: Organic gum acacia, silicon dioxide, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin).

CONTAINS: Soybeans and trace amounts of milk.

SUGGESTED USE: Take 1 tablet daily as a dietary supplement or as directed by a qualified health care professional.

FREE OF: egg, fish, peanuts, tree nuts, wheat, sugar and artificial sweeteners, flavors, and colors.

CAUTION: If you are taking any medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1018-60

To refill contact your practitioner
or call 1-877-723-0777

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