

CUTTING-EDGE APPETITE CONTROL

Appedex™ SX-7™ is an innovative non-stimulant formula engineered with 8 premium ingredients, including kelp fiber, to help you control your appetite.*

1. **Appethyl™** – A unique, patented, 100% pure powdered spinach extract containing thylakoids.
2. **Camu camu (as *Myrciaria dubia*)** – A superfruit of the Myrtaceae family native to the Amazon forest. Camu camu naturally delivers vitamin C, flavonoids and polyphenolic compounds.
3. **Kudzu (as *Pueraria thomsonii*)** – *Pueraria*, an Asian plant, contains key components, including isoflavones and saponins.
4. ***Opuntia ficus-indica*** – Also known as prickly pear cactus, this popular herbal plant is commonly found in the U.S., Mexico and Mediterranean countries.
5. **Lemon balm (as *Melissa officinalis*)** – Contains the phenolic compound rosmarinic acid.
6. **Mulberry (as *Morus alba*)** – Contains polyphenols such as gallic acid.
7. **White kidney bean (as *Phaseolus vulgaris*)** – A legume that is widely cultivated in semitropical areas of the world and has long-standing traditional use.
8. ***Kelp fiber (sodium alginate)** – Scientific research suggests people taking kelp fiber (sodium alginate) reduced their appetite for hours after a meal.*

HOW IT WORKS



1 MIX & DRINK
Mix in a blender, shaker cup or water bottle with cold water for a delicious smoothie.



2 SUPPORTS NATURAL SATIETY
Kelp fiber gently expands in the stomach to help you feel full.



3 APPETITE CONTROL
Helps control hunger for hours.



APPEDEX™

SX-7™

CUTTING-EDGE APPETITE CONTROL

HELPS CONTROL APPETITE
FOR HOURS WITH KELP FIBER*¹

ALSO CONTAINS SPINACH EXTRACT
WITH THYLAKOIDS

GREAT-TASTING,
NON-STIMULANT FORMULA

Mixed Berry Smoothie

NATURAL AND ARTIFICIAL FLAVORS

Protected by patent #8,642,098

DIETARY SUPPLEMENT NET WT. 5.76 oz. (163g)

**NEW
& IMPROVED
FOR EASIER
MIXING**

CONTAINS
APPETHYL™

FORMULA EXCLUSIVE
TO MUSCLETECH®

21
SERVINGS

Supplement Facts

Serving Size: 1 Heaping Scoop (8g)
Servings Per Container: Approx. 21

Amount Per Serving	% Daily Value
Calories	20
Total Carbohydrate	4g 1%*
Dietary Fiber	4g 16%*
Protein	<1g <2%*
Vitamin A	143IU 3%
Vitamin C (as calcium ascorbate)	6mg 10%
Calcium	398mg 40%
Iron	2.9mg 16%
Sodium	320mg 13%
Kelp fiber leaves and stems (sodium alginate)	3.37g †
Appethyl™ Spinach leaf extract (as <i>Spinacia oleracea</i>)	2.5g †
Supplying thylakoids	
Kudzu flower extract (as <i>Pueraria thomsonii</i>)	150mg †
White kidney bean extract (as <i>Phaseolus vulgaris</i>)	100mg †
Prickly pear leaf extract (as <i>Opuntia ficus-indica</i>)	100mg †
Lemon balm leaf extract (as <i>Melissa officinalis</i>)	100mg †
Mulberry leaf extract (as <i>Morus alba</i>)	75mg †
Camu camu fruit extract (as <i>Myrciaria dubia</i>)	50mg †

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Tricalcium Phosphate, Natural and Artificial Flavors, Acesulfame-Potassium, Sucralose, FD&C Red No. 40, Sodium Bicarbonate, FD&C Yellow No. 5. Processed in A Facility That Processes Milk, Egg, Fish, Shellfish, Tree Nut, Peanut, Wheat and Soy Ingredients.

Appedex™ features kelp fiber and spinach extract, which give the product a smoothie-like taste and texture.

DIRECTIONS: Mix 1 heaping scoop in a blender, shaker cup or water bottle with 11 oz. (325mL) of cold water and drink with a meal once daily. Do not mix with fruit or juice. To assess individual tolerance, consume half a serving per day for up to three days, then follow the regular directions.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a doctor before use if you have a medical condition and before starting a diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Appedex™ SX-7™ is manufactured according to cGMP standards, as is required for all dietary supplements.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not use if packaging has been tampered with.
Store in a cool, dry place (60°F to 80°F).



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