The Proof is in the Amino Absorption - And More ...

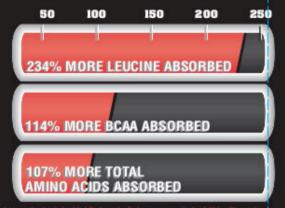
Faster Absorption of Critical Amino Acids for Muscle Buel:

A clinical study has proven that the proprietary protein blend in Amplified 100% Whey Protein delivers more critical aminos into the blood stream - better and faster than rebular whey!*

Compared to regular whey protein, two servings of Amplified 100% Whey Protein maximized amino acid absorption by delivering:

- → 107% More Total Amino Acids* These critical amino acids are crucial to feeding your muscles before, during and after exercise.*
- → 114% More Branched Chain Amino Acids Absorbed 142% Faster!* BCAA are involved in reducing the amount of protein breakdown from exercise and help to preserve muscle glycogen stores.*
- 234% More Leucine Absorbed 370% Faster! * Leucine is a key branched chain amino acid that is essential to fueling your muscles.* Its key role is to help regulation of muscle protein synthesis during muscle building and recovery.* This key amino acid is important for all types of athletes.

ABSORB MORE TOTAL AMINO ACIDS, BCAA AND LEUCINE WITH AMPLIFIED 100% WHEY PROTEIN COMPARED TO REGULAR WHEY PROTEIN!



In a randomized, double blind, controlled cross-over study of 16 healthy male volunteers, subjects experienced significantly higher maximum concentrations of Total Amino Acids, Branched Chain Amino Acids and Leucine one hour post-inguistion of two servings of the protein blend in GNC Pro Performance? AMP Amplified 169% Whey Protein relative to amino acid concentrations measured post-inguistion of whey protein concentrate. Significant differences for the Bate of Change of BCAA and leucine absorption were also observed relative to the control group.

^When used in conjunction with a resistance training program.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

> For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 e UPC Here



Micronized protein + amino acids

AMPLIFIED 100% WHEY PROTEIN

Dietary supplement

- → 20g of Protein Featuring Micronized Whey, Hydrolysates and 22.5g of Amino Acids
- → 107% Better Absorption of Total Amino Acids •
- → 234% Better Absorption of Leucine *
- → Formulated to Build Lean Muscle^







Strength

▲ Clinically Researched



NET WT 32 OZ (2 LB) 909 G

CODE 351212

DIRECTIONS: As a dietary supplement, add one level scoop (36.5g) of Pro Performance[®] AMP Amplified 100% Whey Protein to 7-8 ft. oz. cold water and blend well. For maximum results, take twice daily.

Supplement Facts

Serving Size One Level Scoop (36.5g) Servings Per Container 24

Amount Per Serving	% Daily Value	
Calories	130	
Calories from Fat	20	101/20
Total Fat	2 9	3%
Saturated Fat	1 g	5%
Cholesterol	55 mg	189
Total Carbohydrate	8 g	3%
Dietary Fiber	3 g	12%
Sugars	2 g	
Protein	20 g	
Calcium	90 mg	99
Sodium	210 mg	99
Potassium	280 mg	89
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Micronized Amino Acids

Leucine (as Micronized L-Leucine, Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrofyzed Whey Peptides), Gutamine (as Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrofyzed Whey Peptides)

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Betaine (as Betaine Anhydrous)

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BioCore Edge ** Blend (Protease (from Aspergiffus aryzae, Aspergiffus niger
and Aspergiffus melfaus), Peptidase (from Aspergiffus oryzae)

Percent Daily Values are based on a 2,000 calorie diet. Daily Values not established.

OTHER INGREDIENTS: Protein Blend (Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein isolate, Hydrolyzed Whey Peptides; Cocoa (Processed with Alkali), Sunfiber[®] Partially Hydrolyzed Gu ar Gum, Natural and Artificial Flavors, Polyethylene Glycol, Lecithin, Pol ydextrose, Salt. Potassium Chloride, Acesulfame Potassium, Sucralose.

CONTAINS: Milk, So ybeans and Wheat.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

BioCore Edge" is a trademark of National Enzyme Company.

Sunfiber⁶ is a registered trademark of Taiyo International, Inc. Use of Sunfiber⁶ is protected by US Trademark Registration No. 2,930,937.

YPICAL AMINO	ACID PROFILE P	ER SERVING:	Water Control
Vanine	444 mg		1721 mg
rginine	955 mg	Methionine	442 mg
spartate	2400 mg	Phenylal anine	652 mg
ystine	516 mg	Proline	1123 mg
ilutamine	3513 mg	Serine	944 mg
lycine	345 mg	Threonine	1311 mg
listidine	355 mg	Tryptophan	384 mg
soleucine†	1200 mg	Tyrosine	578 mg
eucine†	4502 mg	Valinet	1115 mg
		Total	22500 mg

† Indicates Branched Chain Amino Acids (BCAA).

Denotes naturally occurring and added free form amino acids.

What is Amplified 100% Whey Protein and Why is it Better than Regular Whey?

Think ordinary whey protein is good

enough? Think again. Introducing the latest breakthrough in whey!

Amplified 100% Whey Protein features technology-enhanced protein with hydrolysates clinically proven to deliver more amino acids into the blood stream – better and faster than regular whey!* The result...more amino acids are available for muscle fuel! These critical amino acids support athletic strength, performance, endurance and recovery.* This is the cutting-edge protein product that delivers a whole new level of protein technology.

The Amplified 100% Whey Protein Evolution

What makes this protein AMPlified?
Using cutting-edge technology and top notch research and development principles, this protein was designed to be the new champion of the whey protein category.

Micronized Protein with Hydrolysates and Amino Acids - This premium whey features micronized whey protein with hydrolysates, leucine and glutamine! Using MicroSorb™ Amino Technology. the micronized whey protein and amino acids in this formula have been pulverized into smaller particles that are easier to absorb. As a result. Amplified 100% Whey Protein is proven to deliver superior amino acid uptake compared to regular whey. That means more amino acids are available for your muscles to use as fuel! These key amino acids all support proteins involved in muscle building, recovery and other key processes crucial to your muscles.*

Amino Acceleration System - To make this protein even more absorbable, a unique digestive enzyme blend was included as an Amino Acceleration System. These efficacious enzymes were scientifically designed to further accelerate the availability of amino acids for absorption.

More Key Aminos - In addition to an impressive 4.5 grams of leucine for muscle protein synthesis and 3.5 grams of glutamine to support the recovery process, this formula is loaded with an array of aminos necessary for your muscles before, during and after workouts.*

Tri-MG™ - Amplified 100% Whey
Protein is enhanced with this unique
clinically studied ingredient, also
known as betaine or trimethylglycine,
which has been shown to enhance
athletic performance.*

Who Can Benefit from Taking Amplified 100% Whey Protein

Everyone including athletes, fitness enthusiasts and extreme sports competitors who are exercising regularly and looking for a fast-absorbing quality protein to help meet protein needs can benefit from Amplified 100% Whey Protein.

When Should I Take It?

Consume GNC Pro Performance® AMP Amplified 100% Whey Protein with or between meals to add more quality protein to your diet.

These statements have no the ene valuated by the Food and Drug Administration. This product is no tintended to diagnose, treat, cure, or prevent any disease.