

Suggested Usage: Take 2 capsules 1 to 2 times daily.

NOW® Tru-C BioComplex™ features an extract of the Amla Berry (*Phyllanthus emblica*), one of the most frequently used Ayurvedic herbs. Amla is an exceptionally rich source of Vitamin C, and also has naturally occurring Bioflavonoids and Tannins that are unique to Amla and can help to support proper immune system function.* Amla may also help to protect vascular structures against oxidative stress.* Tru-C BioComplex™ has a unique non-GMO, fruit-derived Vitamin C. And it's a vegetarian, non-synthetic, citrus- and corn-free source of Vitamin C.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0706B V4



Tru-C BioComplex™

Antioxidant Protection*

- Amla Extract (Natural, Non-GMO)
- Fruit Source, Corn and Citrus Free
- Immune and Vascular Support*

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from Organic Amla Extract)	400 mg	667%
Organic Amla Extract (<i>Phyllanthus emblica</i>) (Fruit) (min. 50% Natural Ascorbic Acid)	800 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	100 mg	†
Rose Hips (<i>Rosa canina</i>) (Fruit)	40 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Seed) (Standardized for Polyphenols)	20 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source), Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

