PRO PERFORMANCE® ADVANCED MUSCLE PERFORMANCE

AMP

Premier whey + leucine formula

AMPLIFIED WHEYBOLIC EXTREME 60™

Dietary supplement

- → 30% Increase in Muscle Strength◆*
- → Rapid Absorbing Whey Isolates & Hydrolysates
- → 7.7g of Leucine Plus 8.5g of Micronized Aminos
- → Increases Strength & Stamina with Half the Sets^*

Daily · Strength · Recovery · Stamina

Clinically Researched

STRAWBERRY

Natural + artificial flavors

NET WT 19.5 OZ (1.22 LB) 553 G

CODE 351206 JKG

DIRECTIONS: Once per day as a dietary supplement, consume 3 scoops (79g) of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ in 12 oz of cold water 30 minutes after your workout. On non-training days, consume 3 scoops first thing in the morning. For extreme results, take twice a day, pre- and post-workout.

Supplement Facts

Serving Size Three Scoops (79g)
Servings Per Container 7

Amount Per Serving		%Daily Value
Calories	280	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0.5 g	3%†
Cholesterol	15 mg	5%
Total Carbohydrate	7 g	2%†
Dietary Fiber	1 g	4%†
Sugars	2 g	*
Protein	60 g	
Calcium	280 mg	28%
Sodium	250 mg	10%
Potassium	350 mg	10%
Micronized Amino Acids	8.5 g	*
Glutamine (as Whey Protein Isolate and Micronized Glutamine)		
Arginine (as Micronized Arginine and Whey Protein Isolate)		
Leucine (as Whey Protein Isolate and L-Leucine)	7.7 g	*
L-Carnitine (as Carnitine Tartrate)	500 mg	*
Amino Acceleration System	239 mg	*
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereZalase®, Peptidase, Alpha-galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, Lactase), Aminogen®, Carbogen®		

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey), Natural and Artificial Flavors, Polydextrose, Lecithin, Citric Acid, Red #40, Sucralose, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

Aminogen® & Carbogen® are registered trademarks of Tiarco Industries. Enzyme Matrix™ and CereZalase® are products of National Enzyme Company. Enzyme Matrix is a GNC trademark.

TYPICAL AMINO ACID PROFILE PER SERVING			
Arginine*	3624 mg	Lysine	4820 mg
Alanine	2895 mg	Methionine	1201 mg
Aspartate	6499 mg	Phenylalanine	1689 mg
Cystine	1467 mg	Proline	4244 mg
Glutamine*	10324 mg	Serine	2885 mg
Glycine	932 mg	Threonine	4362 mg
Histidine	1142 mg	Tryptophan	1039 mg
Isoleucine†	3934 mg	Tyrosine	1738 mg
Leucine†	7764 mg	Valine†	3441 mg
		Total	64000 mg

† Indicates Branched Chain Amino Acids (BCAA).
* Denotes naturally occurring and added free form amino acids.

** As with any food product, use of this product alone will not lead to increased muscle mass or strength. This product is, however, useful for athletes involved in regular intense resistance training programs.

◆Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

What is Amplified Wheybolic Extreme 60™?

Looking for a protein that will help AMPlify your game? When it comes to enhancing your strength, size and stamina, nothing complements your training regimen like Amplified Wheybolic Extreme 60™! It is GNC's top protein formula with a base of whey and leucine - proven in clinical studies to give you 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency.◆** That's better fuel for a stronger body - premium protein for ADVANCED MUSCLE PERFORMANCE.*

The Amplified Wheybolic Extreme 60™ Evolution

How is this protein AMPlified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product…

Highly Effective Whey-Leucine Base – The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein - isolates and hydrolysates. With 7.7 grams of leucine, this creates an ideal environment for muscle protein synthesis. This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.* In fact, the whey and leucine blend in Amplified Wheybolic Extreme 60™ has been shown to increase muscle strength and stamina with half the sets.^◆*

Micronized Amino Acids – Using MicroSorb™ Amino Technology, the amino acids added to this formula are pulverized, or "micronized" from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.*

Amino Acceleration System – This digestive enzyme blend is designed to accelerate the availability and absorption of amino acids to be efficiently used by the muscles.

More Key Aminos – In addition to a whopping 7.7 grams of leucine – this formula is loaded with an array of aminos necessary for your muscles. This complex blend of amino acids delivers 3.6 grams of arginine, which is involved in creatine synthesis, and over 10 grams of glutamine providing anabolic effects. The amino acid L-carnitine is included to help transform fatty acids into energy for muscles and the body's energy production system.*

The Proof is in the Protein – and then some…

This cutting-edge formula is scientifically engineered to AMPlify your game.

Amino Acceleration System

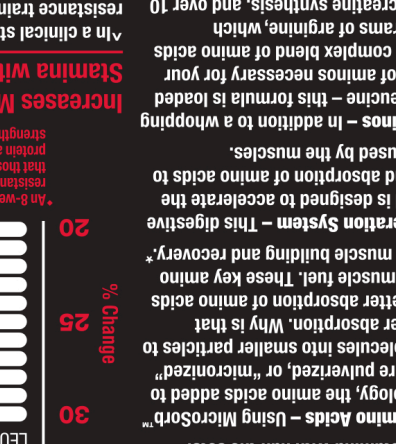
Features an Amino Acceleration System – a digestive enzyme blend with proven bioactivity. This proprietary enzyme blend provides a 12% greater protein breakdown for improved amino acid uptake.◆*

Who can benefit from taking Amplified Wheybolic Extreme 60™?

Those who are participating in resistance training regimens seeking improvements in muscle strength, size and stamina.

30% Increase in Muscle Strength*

The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb exercise training protocol, even the untrained limb demonstrated increases in muscle size.**



*An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.**

Increases Muscle Strength and Stamina with Half the Sets^

In a clinical study using a reduced volume resistance training protocol, the anabolic module in Amplified Wheybolic Extreme 60™ has been clinically shown to provide the same gains in maximum muscle strength and stamina doing one set while using Amplified Wheybolic Extreme 60™ when compared to two sets of the same amount of training without supplementation.*

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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Pittsburgh, PA 15222

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.